

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES		1. TRANSMITTAL NUMBER: 10-031	2. STATE: COLORADO
		3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES		4. PROPOSED EFFECTIVE DATE 7/1/10	
5. TYPE OF PLAN MATERIAL (<i>Check One</i>): NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS A NEW PLAN <input checked="" type="checkbox"/> AMENDMENT			
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (<i>Separate transmittal for each amendment</i>)			
6. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440.130(d)		7. FEDERAL BUDGET IMPACT a. FFY 2010 (\$2,444) b. FFY 2011 (\$9,017)	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 4.19-B: Methods and Standards for Establishing Payment Rates – Outpatient Substance Abuse Treatment <i>Supplement to Attach. 3.1</i>		9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (<i>If Applicable</i>) Attachment 4.19-B: Methods and Standards for Establishing Payment Rates – Outpatient Substance Abuse Treatment (TN 09-032) <i>Supplement to Attach 3.1</i>	
10. SUBJECT OF AMENDMENT Methods and standards for establishing payment rates for outpatient substance abuse treatment. July 2010 Rate Change.			
11. GOVERNOR'S REVIEW (<i>Check One</i>) GOVERNOR'S OFFICE REPORTED NO COMMENT <input checked="" type="checkbox"/> OTHER, AS SPECIFIED COMMENTS OF GOVERNOR'S OFFICE ENCLOSED Governor's letter dated 29 July 2009 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL			
12. SIGNATURE OF STATE AGENCY OFFICIAL		16. RETURN TO	
13. TYPED NAME Robert C. Douglas		Colorado Department of Health Care Policy and Financing 1570 Grant Street Denver, CO 80203-1818	
14. TITLE Legal Division Director		Attn: David Smith	
15. DATE SUBMITTED 9/30/10			
FOR REGIONAL OFFICE USE ONLY			
17. DATE RECEIVED 9/30/10		18. DATE APPROVED 12/13/10	
PLAN APPROVED – ONE COPY ATTACHED			
19. EFFECTIVE DATE OF APPROVED MATERIAL 7/1/10		20. SIGNATURE OF REGIONAL OFFICIAL	
21. TYPED NAME Richard C. Allen		22. TITLE ARA, Director	
23. REMARKS			

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Attachment 4.19-B

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES –
OUTPATIENT SUBSTANCE ABUSE TREATMENT

Outpatient substance abuse treatment services shall be reimbursed at the lower of the following:

1. Submitted charges or
2. Market-based fee schedule as determined by the Department of Health Care Policy and Financing based on an analysis of private sector behavioral health care management corporation reimbursement rates and reimbursement rates of similar services covered by the Department.

Reimbursable outpatient substance abuse treatment services shall include the following:

1. Substance abuse assessment – A maximum of three sessions shall be reimbursed per state fiscal year .
2. Individual and family therapy where one unit of service equals fifteen minutes – A maximum of four units shall be reimbursed per session and a maximum of 25 sessions shall be reimbursed per state fiscal year
3. Group therapy where one unit of service equals one hour – A maximum of three units shall be reimbursed per session and a maximum of 36 sessions shall be reimbursed per state fiscal year
4. Alcohol/drug screening – A maximum of 36 specimen collections shall be reimbursed per state fiscal year
5. Targeted case management where one unit of service equals fifteen minutes – A maximum of eight units of service shall be reimbursed per date of service and a maximum of 36 contacts shall be reimbursed per state fiscal year
6. Social/ambulatory detoxification (excluding room and board) for a maximum of seven days per fiscal year. Social/ambulatory detoxification includes the following services:
 - a. Physical assessment of detoxification progression where one unit of service equals fifteen minutes – A maximum of three units of service shall be reimbursed per date of service.
 - b. Evaluation of level of motivation for treatment where one unit of service equals fifteen minutes – A maximum of three units of service shall be reimbursed per date of service
 - c. Safety assessment, including suicide ideation and other mental health issues, where one unit of service equals fifteen minutes – A maximum of three units of service shall be reimbursed per date of service

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Attachment 4.19-B

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES –
OUTPATIENT SUBSTANCE ABUSE TREATMENT (CONTINUED)

- d. Provision of daily living needs where one unit of service equals fifteen minutes –
A maximum of three units of service shall be reimbursed per date of service

Except as otherwise noted in the State Plan, state-developed fee schedule rates are the same for both governmental and private providers. Reimbursement rates for dates of service on or after July 1, 2010 for these services can be found on the official Web site of the Department of Health Care Policy and Financing at www.colorado.gov/hcpf.

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MEDICAL ASSISTANCE PROGRAM

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Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d Rehabilitative Services (continued)

Substance Abuse Treatment Services

Outpatient substance abuse treatment services are provided to all Medicaid clients based on medical necessity. Approved services must be offered in facilities that have been licensed by the Alcohol and Drug Abuse Division (ADAD) of the Department of Human Services or by physicians or other identified licensed practitioners of the healing arts licensed and certified by the Department of Regulatory Agencies (DORA) or nationally licensed and certified by the National Association of Alcohol and Drug Abuse Counselors (NAADAC), the American Society of Addiction Medicine (ASAM), or the American Board of Psychiatry and Neurology (ABPN).

1. Licensed practitioners include:

- a. Psychologist, PhD. Doctoral degree from an accredited program offering psychology courses approved by the American Psychological Association and licensed by the State Board of Psychologist Examiners with certification in addiction counseling.
- b. Nurse Practitioner. Registered Nurse with a master's degree in Nursing licensed by DORA as an advanced practice nurse and certified in addiction counseling.
- c. Licensed Clinical Social Worker (LCSW). Master's degree from an accredited graduate program offering full time course work approved by the Council on Social Work Education, licensed as an LCSW by DORA and certified in addiction counseling.
- d. Licensed Professional Counselor (LPC). Holds a master's or doctoral degree in professional counseling from an accredited college or university, licensed by DORA and certified in addiction counseling.
- e. Marriage and Family Therapist. Master's degree from a graduate program with course study accredited by the Commission on Accreditation for Marriage and Family Therapy Education, licensed by DORA and certified in addiction counseling.
- f. Licensed Addiction Counselor (LAC). Holds a master's degree in the healing arts. Licensed in addiction counseling by NAADAC/National Board for Certified Counselors (NBCC).

2. Allowable services include:

- a. Substance abuse assessment. An evaluation designed to determine the level of drug or alcohol abuse or dependence, and the comprehensive treatment needs of a client. Assessment is limited to three sessions per state fiscal year. This service can be provided by all licensed practitioners identified above.
- b. Individual and family therapy. Therapeutic substance abuse counseling and treatment services with one client per session. Family therapy will be directly related to the client's treatment for substance abuse or dependence. Individual and family therapy is limited to

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Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d Rehabilitative Services (continued)

- 25 sessions at 15 minutes per unit, four units (one hour) per session per state fiscal year. This service can be provided by all licensed practitioners identified above.
- c. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client. One unit of service equals one hour, and a maximum of three units shall be reimbursed per session. A maximum of 36 sessions shall be reimbursed per state fiscal year. This service can be provided by all licensed practitioners identified above.
 - d. Alcohol/drug screening counseling. Counseling services provide in conjunction with the collection of urine to test for the presence of alcohol or drugs. Alcohol/drug screening counseling is limited to 36 specimen collections per state fiscal year. This service can be provided by all licensed practitioners identified above.
 - e. Social/ambulatory detoxification. Social/ambulatory detoxification services exclude room and board, and are limited to a maximum of seven days per state fiscal year. These services can be provided by all licensed practitioners identified above. Social/ambulatory detoxification includes the following services and limitations:
 - i. Physical assessment of detoxification progression where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
 - ii. Evaluation of level of motivation for treatment where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
 - iii. Safety assessment, including suicide ideation and other mental health issues, where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.
 - iv. Provision of daily living needs where one unit of service equals fifteen minutes. A maximum of three units of service shall be reimbursed per date of service.

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