

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED

LIMITATIONS OF THE AMOUNT, DURATION, AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED AS FOLLOWS:

Medical and Remedial Care and Services
Item 4.b. EPSDT Services (Cont'd)

Substance Abuse Services

Substance Abuse services shall be rendered to Medicaid eligible recipients, under the age of 21 through the Office of Behavioral Health (OBH). The medical necessity for these rehabilitative services must be determined by and services recommended by a licensed mental health practitioner, or as ordered by a staff physician.

Freedom of choice (42 CFR 441.18(a) (1):

The State assures that the provision of substance abuse services will not restrict an individual's freedom of choice of providers in violation of section 1902(a) (23) of the Act.

1. Eligible individuals will have free choice of any qualified Medicaid provider within the specified geographic area identified in this plan.
2. Eligible individuals will have free choice of any qualified Medicaid providers of other medical care under the plan.

Services Covered

I. Outpatient Programs

A. Provider Qualifications

With regard to Outpatient Program addiction services within OBH, clinical services are provided by mental health practitioners licensed through the state within the scope of the state practice act and licensing requirements. Mental health practitioners may include: Licensed Professional Counselor (LPC), Licensed Clinical Social Worker (LCSW), Licensed Addiction Counselor (LAC), Licensed Marriage and Family Therapist (LMFT). The following are also approved service providers: licensed medical doctor, licensed psychologist, licensed Nurse Practitioners (NP), Advanced Practice Registered Nurses (APRNs), and registered nurse with documented evidence of receiving a minimum of 5 CEUs annually that are specifically related to behavioral health and medication management issues. Registered Addiction Counselors (RAC) and Certified Addiction Counselors (CAC) may also provide clinical services with a licensed mental health

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
MEDICAL ASSISTANCE PROGRAM
STATE OF LOUISIANA

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practitioner on-site. In the case of unlicensed practitioners, they only practice under the supervision of a licensed professional, within the scope of the state practice act and licensing requirements.

Registered Addiction Counselor (RAC) qualifications:

1. Is at least twenty-one (21) years of age;
2. Is a legal resident of the United States;
3. Is not in violation of any ethical standards subscribed to by the ADRA;
4. Has not been convicted of a felony. However, the ADRA in its discretion may waive this requirement upon review of the individual's circumstances;
5. Has successfully completed two hundred seventy (270) clock hours of education approved by the ADRA. One (1) semester hour equals fifteen (15) clock hours. One Continuing Education Unit (CEU) equals ten (10) clock hours. One hundred eighty (180) of these hours **must be specific** to addiction treatment. The remaining ninety (90) hours may be related, but are subject to approval by the ADRA. Six (6) of the ninety (90) hours, must be in professional ethics;
6. Has successfully completed six thousand hours (three years) of supervised work experience in the treatment of people with addictive disorders. Of these hours, he/she must complete a three hundred (300) hour practicum in the core functions and global criteria, with at least twenty (20) hours in each core function. This experience **must be supervised** by a Certified Clinical Supervisor (CCS) or other qualified professional who has received the proper waiver from the ADRA;
7. Has completed and received approval for an application prescribed by the ADRA; and
8. Demonstrates competency in addiction counseling by submitting and gaining approval for a typical case study, passing a written examination prescribed by the ADRA.

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The registered addiction counselor may not practice independently and may not render a diagnostic impression but can practice on-site within agency that is licensed or accredited, under the supervision of an LMHP.

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Certified Addiction Counselor (CAC) qualifications:

1. Is at least twenty-one (21) years of age and holds a bachelor's degree from an approved and accredited institution of higher education in a human services field;
2. Is a legal resident of the United States;
3. Is not in violation of any ethical standards subscribed to by the ADRA;
4. Has not been convicted of a felony. However, the ADRA in its discretion may waive this requirement upon review of the individual's circumstances;
5. Has successfully completed two hundred seventy (270) clock hours of education approved by the ADRA. One (1) semester hour equals fifteen (15) clock hours. One Continuing Education Unit (CEU) equals ten (10) clock hours. One hundred eighty (180) of these hours **must be specific** to addiction treatment. The remaining ninety (90) hours may be related, but are subject to approval by the ADRA. Six (6) of the ninety (90) hours, must be in professional ethics;
6. Has successfully completed four thousand hours (two years) of supervised work experience in the treatment of people with addictive disorders. Of these hours, he/she must complete a three hundred (300) hour practicum in the core functions and global criteria, with at least twenty (20) hours in each core function. This experience **must** be supervised by a Certified Clinical Supervisor (CCS) or other qualified professional who has received the proper waiver from the ADRA;
7. Has completed and received approval for an application prescribed by the ADRA; and
8. Demonstrates competency in addiction counseling by submitting and gaining approval for a typical case study, passing a written examination prescribed by the ADRA.

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LIMITATIONS OF THE AMOUNT, DURATION, AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED AS FOLLOWS:

B. Outpatient Treatment Program

Provision of professionally directed assessment, diagnosis, treatment, and recovery services are provided in an organized non-residential treatment setting by LMHPs and non-licensed professionals under the supervision of an LMHP. Outpatient treatment program hours range from one hour to 9 hours/week. The maximum level of hours may be exceeded based on medical necessity. These services include, but are not limited to: individual, group, family counseling, medication compliance, relapse prevention, and disease concept. Medicaid beneficiaries are the sole recipients of Medicaid services. Services are billed only for the recipients despite the presence of others who may be group or family participants. These programs offer comprehensive, coordinated, and defined services that may vary in level of intensity.

C. Intensive Outpatient Treatment Programs

Provision of professionally directed assessment, diagnosis, treatment, and recovery services are provided in an organized non-residential treatment setting by LMHPs non-licensed professionals under the supervision of an LMHP. Adolescents in intensive outpatient treatment programs receive a minimum of 6 hours/week with no specified frequency/week. The maximum is up to 20 hours/week. This maximum level of hours may be exceeded based on medical necessity. These services include, but are not limited to: individual, group, family counseling, and education on recovery. Medicaid beneficiaries are the sole recipients of Medicaid services. Services are billed only for the recipients despite the presence of others who may be group or family participants. These programs offer comprehensive, coordinated, and defined services that may vary in level of intensity. This level consists of a scheduled series of face to face sessions appropriate to the individual's plan of care.

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Substance Abuse Services

The Medicaid Program shall provide reimbursement to the Office of Behavioral Health (OBH) for substance abuse services rendered to EPSDT recipients. Payments to OBH shall sunset as of February 29, 2012.

Reimbursement Methodology

- A. Reimbursement for these services shall be based on the most recent actual cost to OBH. Cost data shall be derived from the Department's ISIS reporting of costs for the period. The cost period shall be consistent with the state fiscal year. Costs are determined by selecting the expenditures paid from state and local funds for the state fiscal year.
- B. OBH encounter data from their database shall be used to identify allowable services. Encounter data for recipients under the age of 21 shall be extracted and used in calculations to determine actual cost to OBH.
- C. Costs shall be calculated by using the cost-weighted amount and include the Medicaid eligible under 21 database costs divided by total database costs times OBH's expenditures for the program which were derived from the state's ISIS data.

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