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State Name: Virginia

State Plan Amendment (SPA) #: 21-0001

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS-179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services 601 E. 12th Street, Room 355 Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

May 27, 2021

Karen Kimsey, Director Department of Medical Assistance Services 600 East Broad Street, Suite 1300 Richmond, VA 23219

RE: Virginia State Plan Amendment 21-0001

Dear Ms. Kimsey:

The Centers for Medicare & Medicaid Services (CMS) has reviewed Virginia's State Plan Amendment (SPA) 21-0001, Enhanced Behavioral Health – Part 1.

The purpose of this SPA is to implement Assertive Community Treatment, which will replace and serve as an "enhancement" of the current Intensive Community Treatment Service (this will continue to be a service for adults). In addition, the SPA will implement Mental Health Intensive Outpatient Programs, a new service for youth and adults; and Mental Health Partial Hospitalization Programs for Youth and Adults, which will replace the current Partial Hospitalization Program for adults.

This SPA is acceptable. Therefore, we are approving SPA 21-0001 with an effective date of July 1, 2021. Enclosed are the approved SPA pages and signed CMS-179 form.

If you have any questions concerning this information, please contact me at (816) 426-6417, or your staff may contact Margaret Kosherzenko at <u>Margaret.Kosherzenko@cms.hhs.gov</u> or (215) 861-4288.

Sincerely,

James G. Scott, Director

James G. Scott, Director Division of Program Operations

Enclosures

cc:

Emily McClellan

CENTERS FOR MEDICARE & MEDICAID SERVICES				
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	1. TRANSMITTAL NUMBER 2. STATE Virginia			
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)			
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE			
CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	7/1/2021			
5. TYPE OF PLAN MATERIAL (Check One)				
■ NEW STATE PLAN ■ AMENDMENT TO BE CONSID				
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENI	, ,			
6. FEDERAL STATUTE/REGULATION CITATION	7. FEDERAL BUDGET IMPACT a. FFY 2021 \$ \$1,608,325			
42 CFR 440	b. FFY 2022 \$ \$6,433,300			
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION			
3.1A&B Supp 1, revised pages 31.4, 31.5, 31.6, 31.9b, 31.9c, 31.11, 31.12. New pages 31.9c-1, 31.13 4.19-B, new page 5.2, revised page 6	OR ATTACHMENT (If Applicable) Same as box #8.			
10. SUBJECT OF AMENDMENT				
Enhanced Behavioral Health - Part 1				
11. GOVERNOR'S REVIEW (Check One)				
GOVERNOR'S OFFICE REPORTED NO COMMENT	OTHER, AS SPECIFIED			
☐ COMMENTS OF GOVERNOR'S OFFICE ENCLOSED☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	Secretary of Health and Human Resources			
12. SIGNATURE OF STATE AGENCY OFFICIAL 16	6. RETURN TO			
13. TYPED NAME Karen Kimsey	Dept. of Medical Assistance Services			
14 TITLE	600 East Broad Street, #1300 Richmond VA 23219			
Director	RICHHOHU VA 23219			
15. DATE SUBMITTED 3/25/2021	Attn: Regulatory Coordinator			
FOR REGIONAL OFF				
17. DATE RECEIVED March 25, 2021	8. DATE APPROVED May 27, 2021			
PLAN APPROVED - ONE	E COPY ATTACHED			
	O. SIGNATURE OF REGIONAL OFFICIAL			
July 1, 2021				
	2. TITLE			
James G. Scott Director, Division of Program Operations				
23. REMARKS				

(BPD) Attachment 3.1- A&B

Supplement 1 Page 31.4 OMB No. 0938-

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

Revision: HFCA-PM-91-4

August, 1991

AMOUNT, DURATION, AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY
and MEDICALLY NEEDY

Mental Health Partial Hospitalization

(1) Service definition. Mental Health Partial Hospitalization (MH-PHP) services are short-term, non-residential interventions that are more intensive than outpatient services and that are required to stabilize an individual's psychiatric condition. The service is delivered under physician direction to individuals at risk of psychiatric hospitalization or transitioning from a psychiatric hospitalization to the community. Individuals qualifying for this service must demonstrate a medical necessity for the service arising from behavioral health disorders that result in significant functional impairments in major life activities. The service is non-residential and is not an IMD. The service is provided in accordance with the rehabilitative services benefit requirements at 42 CFR 440.130(d).

This service includes assessment, assistance with medication management, individual and group therapy, skills restoration, and care coordination for individuals who require coordinated, intensive, comprehensive, and multidisciplinary treatment but who do not require inpatient treatment.

(2) Service Components and Provider Qualifications. Provider qualifications for LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, and QMHP-E are on page 31, 31.1, and 31.2 of Attachment 3.1A&B, Supp. 1. Provider qualifications for PRS are on page 55 of Attachment 3.1A&B, Supp. 1. Registered Nurses (RN), Licensed Practical Nurses (LPN), and Nurse Practitioners (NP) shall hold an active license issued by the Virginia Board of Nursing. Physicians, Physician Assistants and Occupational Therapists shall hold an active license issued by the Virginia Board of Medicine.

Service Component Definitions –Mental Health Partial	Staff That Provide	
Hospitalization	Service Components	
"Assessment" means the face-to-face interaction in which the provider obtains	LMHP	
information from the individual or other family members, as appropriate, about	LMHP-R	
the individual's mental health status. It includes documented history of the	LMHP-RP	
severity, intensity, and duration of mental health problems and behavioral and	LMHP-S	
emotional issues.	Nurse Practitioner	
	Physician Assistant	
"Treatment Planning" means the development of a person-centered plan of care	LMHP	
that is specific to the individual's unique treatment needs, developed with the	LMHP-R	
individual, in consultation with the individual's family, as appropriate.	LMHP-RP	
	LMHP-S	
	Nurse Practitioner,	
	Physician Assistant	

TN No. <u>21-001</u> Approval Date <u>5/27/2021</u> Effective Date <u>7/1/2021</u>

Supersedes

TN No. 16-005

Revision: HFCA-PM-91-4 (BPD) Attachment 3.1- A&B August, 1991 Supplement 1

Page 31.5 OMB No. 0938-

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

"Health literacy counseling" means patient counseling on mental health, and, as appropriate, addiction, treatment, and recovery, and associated health risks including administration of medication, monitoring for adverse side effects or results of that medication, counseling on the role of prescription medications and their effects including side effects and the importance of compliance and adherence.	LMHP LMHP-R LMHP-RP LMHP-S Nurse Practitioner, Physician Assistant Occupational Therapist
	A RN or LPN with at least one year of clinical experience involving medication management
"Individual, group and family therapy" means the application of principles,	LMHP
standards, and methods of the counseling profession in (i) conducting	LMHP-R
assessments and diagnoses for the purpose of establishing treatment goals and	LMHP-RP
objectives and (ii) planning, implementing, and evaluating treatment plans using	LMHP-S
treatment interventions to facilitate human development and to identify and	
remediate mental, emotional, or behavioral disorders and associated distresses	
that interfere with mental health. All family therapy services furnished are for	
the direct benefit of the individual, in accordance with the individual's needs	
and treatment goals identified in the individual's plan of care, and for the	
purpose of assisting in the individual's recovery. The individual is present	
during family therapy except when it is clinically appropriate for the individual	
to be absent in order to advance the individual's treatment goals.	

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Attachment 3.1- A&B Supplement 1 Page 31.6 OMB No. 0938-

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

"Skills Restoration" means a service to assist individuals in the restoration of lost skills that are necessary to achieve the goals established in the individual's plan of care. Services include assisting the individual in restoring the following skills: self- management, symptom management, interpersonal, communication, community living, and problem solving skills through modeling, coaching, and cueing.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of at least a QMHP-A or QMHP-C.
"Crisis treatment" means behavioral health care, available 24-hours per day, seven days per week, to provide immediate assistance to individuals experiencing acute behavioral health problems that require immediate intervention to stabilize and prevent harm and a higher level of acuity.	LMHP, LMHP-R, LMHP-RP, LMHP-S or a QMHP-A, QMHP-C, or QMHP-E
"Peer Recovery Support Services" means strategies and activities that include person centered, strength based planning to promote the development of self-advocacy skills; empowering the individual to take a proactive role in the development of their plan of care; crisis support; assisting in the use of positive self-management techniques, problem-solving skills, coping mechanisms, symptom management and communication strategies identified in the plan of care. Caregivers of individuals under age 21 may also receive family support partners as a peer recovery support service when the service is directed exclusively toward the benefit of the individual. Peer recovery support services to the beneficiary's family and significant others is for the direct benefit of the beneficiary, in accordance with the beneficiary's needs and treatment goals identified in the beneficiary's treatment plan, and for the purpose of assisting in the beneficiary's recovery.	
"Care coordination" means locating and coordinating services across mental health providers to include sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of at least a QMHP-A or QMHP-C.

(3) Limits on amount, duration, and scope.

a. Mental Health Partial Hospitalization services are available to individuals who meet themedical necessity criteria for the service.

TN No. <u>21-001</u> Approval Date <u>5/27/2021</u> Effective Date <u>7/1/2021</u> Supersedes

Revision: HFCA-PM-91-4 (BPD) Attachment 3.1- A&B
August, 1991 Supplement 1

Supplement 1 Page 31.9b OMB No. 0938-

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY
and MEDICALLY NEEDY

Assertive Community Treatment

- (1) Service definition. Assertive Community Treatment (ACT) is a rehabilitative benefit provided according to 42 CFR 440.130(d). ACT provides long term needed treatment, rehabilitation, and support services to identified individuals with severe and persistent mental illness especially those who have severe symptoms that are not effectively remedied by available treatments or who because of reasons related to their mental illness resist or avoid involvement with mental health services in the community. ACT services are offered to outpatients outside of clinic, hospital, or program office settings for individuals who are best served in the community. ACT services include assessment, therapy, assistance with medication management, crisis treatment, co-occurring substance use disorder treatment, skills restoration and care coordination activities through a designated multi-disciplinary team of mental health professionals.
- (2) Service Components and Provider Qualifications. Provider qualifications for LMHP, LMHP-R, LMHP-R, LMHP-S, QMHP-A, QMHP-C, QMHP-E, and QPPMH are on page 31, 31.1, and 31.2 of Attachment 3.1A&B, Supp. 1. Provider qualifications for CSAC and CSAC-A are on page 42 of Attachment 3.1A&B, Supp. 1. PRS are on page 55 of Attachment 3.1A&B, Supp. 1. Registered Nurses (RN) and Nurse Practitioners (NP) shall hold an active license issued by the Virginia Board of Nursing and 1 year of experience working with individuals with serious mental illness. Licensed Practical Nurses (LPN) shall hold an active license issued by the Virginia Board of Nursing and three years of experience with individuals with serious mental illness. Physician Assistants shall hold an active license issued by the Virginia Board of Medicine and 1 year of experience working with individuals with serious mental illness. Psychiatrists shall hold an active license issued by the Virginia Board of Medicine.

Service Component Definitions – Assertive Community Treatment	Staff That Provide Service Components
"Assessment" means the face-to-face interaction in which the provider obtains	LMHP
information from the individual or other family members, as appropriate, about	LMHP-R
the individual's mental health status. It includes documented history of the	LMHP-RP
severity, intensity, and duration of mental health problems and behavioral and	LMHP-S
emotional issues.	Nurse Practitioner
	Physician Assistant

TN No. 21-001 Approval Date 5/27/2021 Effective Date 7/1/2021

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Revision: HFCA-PM-91-4 (BPD) Attachment 3.1- A&B August, 1991 Supplement 1

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

	TAME
"Individual, Family and Group Therapy" means the application of principles,	LMHP
standards, and methods of the counseling profession in (i) conducting	LMHP-R
assessments and diagnoses for the purpose of establishing treatment goals and	LMHP-RP
objectives and (ii) planning, implementing, and evaluating treatment plans using	LMHP-S
treatment interventions to facilitate human development and to identify and	Credentialed addiction
remediate mental, emotional, or behavioral disorders and associated distresses	treatment professional
that interfere with mental health. All family therapy services furnished are for	excluding CSAC and
the direct benefit of the individual, in accordance with the individual's needs	CSAC-A
and treatment goals identified in the individual's plan of care, and for the	
purpose of assisting in the individual's recovery. The individual is present	
during family therapy except when it is clinically appropriate for the individual	
to be absent in order to advance the individual's treatment goals.	
"Health literacy counseling" means patient counseling on mental health, and, as	LMHP, LMHP-R,
appropriate, addiction, treatment, and recovery, and associated health risks	LMHP-RP, LMHP-S,
including administration of medication, monitoring for adverse side effects or	Nurse Practitioner,
results of that medication, counseling on the role of prescription medications	Physician Assistant,
and their effects including side effects and the importance of compliance and	Credentialed addiction
adherence.	treatment professional
	A RN or LPN with at
	least one year of clinical
	experience involving
	medication
	management.
"Crisis treatment" means behavioral health care, available 24-hours per day,	LMHP
seven days per week, to provide immediate assistance to individuals	LMHP-R
experiencing acute behavioral health problems that require immediate	LMHP-RP
intervention to prevent harm and a higher level of acuity.	LMHP-S
	QMHP-A
	QMHP-E

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

"Skills Restoration" means a service to assist individuals in the restoration of lost skills that are necessary to achieve the goals established in the individual's plan of care. Services include assisting the individual in restoring the following skills: personal care/hygiene, self-management, symptom management, interpersonal, communication, community living, and problem solving skills through modeling, coaching, and cueing.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-E or a QPPMH under the supervision of at least a QMHP-A.
"Peer Recovery Support Services" means strategies and activities that include person centered, strength based planning to promote the development of self-advocacy skills; empowering the individual to take a proactive role in the development of their plan of care; crisis support; assisting in the use of positive self-management techniques, problem-solving skills, coping mechanisms, symptom management and communication strategies identified in the plan of care. Caregivers of individuals under age 21 may also receive family support partners as a peer recovery support service when the service is directed exclusively toward the benefit of the individual. Peer recovery support services to the beneficiary's family and significant others is for the direct benefit of the beneficiary, in accordance with the beneficiary's needs and treatment goals identified in the beneficiary's recovery.	PRS
"Care coordination" means locating and coordinating services across mental health providers to include sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-E, or a QPPMH under the supervision of at least a QMHP-A.

(3) Limits on amount, duration, and scope.

ACT has been shown to be effective for individuals aged 18 and above. As required by EPSDT, youth may receive ACT if medically necessary.

TN No. 21-001 Approval Date 5/27/2021 Effective Date 7/1/2021

Supersedes

TN No. New Page

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY
and MEDICALLY NEEDY

Mental Health Intensive Outpatient

(1) Service Definition: Mental Health Intensive Outpatient (MH-IOP) is a rehabilitative benefit provided according to 42 CFR 440.130(d). IOP includes skilled treatment services for adults and youth focused on maintaining and improving functional abilities through a time-limited, interdisciplinaryapproach to treatment. The service is non-residential and is not an IMD.

MH-IOP is based on a comprehensive, coordinated and individualized individual service plan that involves the use of multiple, concurrent service components and treatment modalities. Treatment focuses on symptom reduction, crisis and safety planning, promoting stability and independent living in the community, recovery/relapse prevention and reducing the need for a more acute level of care. This service is provided to individuals who do not require the intensive level of care of inpatient, residential, or partial hospitalization service, but require more intensive services than outpatient services and would benefit from the structure and safety available in the MH-IOP setting.

(2) Service Components and Provider Qualifications. Provider qualifications for LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, and QMHP-E are on page 31, 31.1, and 31.2 of Attachment 3.1A&B, Supp. 1. Provider qualifications for PRS are on page 55 of Attachment 3.1A&B, Supp. 1. Registered Nurses (RN), Licensed Practical Nurses (LPN), and Nurse Practitioners (NP) shall hold an active licenseissued by the Virginia Board of Nursing. Physician Assistants and Occupational Therapists shall hold anactive license issued by the Virginia Board of Medicine.

TN No. <u>21-001</u> Approval Date <u>5/27/2021</u> Effective Date <u>7/1/2021</u>

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

Service Component Definitions –Mental Health Intensive Outpatient	Staff That Provide Service Components	
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP, LMHP-R, LMHP-RP, LMHP-S, Nurse Practitioner, or Physician Assistant	
"Treatment Planning" means the development of a person-centered plan of care that is specific to the individual's unique treatment needs, developed with the individual, in consultation with the individual's family, as appropriate.	LMHP, LMHP-R, LMHP-RP, LMHP-S, Nurse Practitioner, or Physician Assistant	
"Individual, Family, and Group Therapy" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health. All family therapy services furnished are for the direct benefit of the individual, in accordance with the individual's needs and treatment goals identified in the individual's plan of care, and for the purpose of assisting in the individual's recovery. The individual is present during family therapy except when it is clinically appropriate for the individual to be absent in order to advance the individual's treatment goals.	LMHP, LMHP-R, LMHP-RP, LMHP-S	
"Skills Restoration" means a service to assist individuals in the restoration of lost skills that are necessary to achieve the goals established in the individual's plan of care. Services include assisting the individual in restoring the following skills: self-management, symptom management, interpersonal, communication, community living, and problem solving skills through modeling, coaching, and cueing.	LMHP, LMHP-R, LMHP-RP, LMHP-S, or a QMHP-A, QMHP-C, or QMHP-E	

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY and MEDICALLY NEEDY

"Health literacy counseling" means patient counseling on mental health, and, as	LMHP, LMHP-R,
appropriate, addiction, treatment, and recovery, and associated health risks	LMHP-RP, LMHP-S,
including administration of medication, monitoring for adverse side effects or	Nurse Practitioner,
results of that medication, counseling on the role of prescription medications	Physician Assistant
and their effects including side effects and the importance of compliance and	Occupational Therapist
adherence.	
	A RN or LPN with at
	least one year of clinical
	experience involving
	medication management
"Crisis treatment" means behavioral health care, available 24-hours per day,	LMHP, LMHP-R,
seven days per week, to provide immediate assistance to individuals	LMHP-RP, LMHP-S or
experiencing acute behavioral health problems that require immediate	a QMHP-A, QMHP-C,
intervention to stabilize and prevent harm and a higher level of acuity.	or QMHP-E
"Peer Recovery Support Services" means strategies and activities that include	PRS
person centered, strength based planning to promote the development of self-	
advocacy skills; empowering the individual to take a proactive role in the	
development of their plan of care; crisis support; assisting in the use of positive	
self-management techniques, problem-solving skills, coping mechanisms,	
symptom management and communication strategies identified in the plan of	
care. Caregivers of individuals under age 21 may also receive family support	
partners as a peer recovery support service when the service is directed	
exclusively toward the benefit of the individual. Peer recovery support services to	
the beneficiary's family and significant others is for the direct benefit of the	
beneficiary, in accordance with the beneficiary's needs and treatment goals	
identified in the beneficiary's treatment plan, and for the purpose of assisting in	
the beneficiary's recovery.	
"Care coordination" means locating and coordinating services across mental	LMHP, LMHP-R,
health providers to include sharing of information among health care providers,	LMHP-RP, LMHP-S,
who are involved with an individual's health care, to improve the restorative	QMHP-A, QMHP-C, or
care and align service plans.	QMHP-E

(3) Limits on amount, duration, and scope.

Mental Health Intensive Outpatient services are available to individuals who meet the medical necessity criteria for the service.

TN No. <u>21-001</u> Approval Date <u>5/27/2021</u> Effective Date <u>7/1/2021</u>

Supersedes

TN No. New Page

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATE - OTHER TYPES OF CARE

d-1. Mental Health Intensive Outpatient services are reimbursed based on a per-diem unit that accounts for the wages, employee costs, and other allowable costs associated with providing this service. The rate for this service does not include costs related to room and board or other unallowable facility costs. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers. The Agency's fee schedule rate was set as of July 1, 2021, and is effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes - go to the header for HCPC Codes and look for this service.

TN No. 21-001 Approval Date <u>5/27/2021</u> Effective Date <u>7/1/2021</u>

Supersedes

TN No. New page

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATE - OTHER TYPES OF CARE

e. Mental Health Partial Hospitalization Program services are reimbursed based on a per diem unit that accounts for the wages, employee costs, and other allowable costs associated with providing this service. The rate for this service does not include costs related to room and board or other unallowable facility costs. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers. The Agency's fee schedule rate was set as of July 1, 2021, and is effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes - go to the header for HCPC Codes and look for this service.

- f. Psychosocial Rehabilitation is reimbursed based on the following units of service: One unit = 2 to 3.99 hours per day; Two units = 4 to 6.99 hours per day; Three units = 7 + hours per day. The rates account for the wages, employee costs, and other allowable costs associated with providing this service. The Agency's rates were set as of July 1, 2011, and are effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes go to the header for HCPC Codes and look for this service.
- g. Crisis Intervention is reimbursed based on the following units unit of service: One unit = 15 minutes. The rates account for the wages, employee costs, and other allowable costs associated with providing this service. The Agency's rates were set as of July 1, 2011, and are effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes go to the header for HCPC Codes and look for this service.
- h. Assertive Community Treatment is reimbursed on a daily unit of service that accounts for the wages, employee costs, and other allowable costs associated with providing this service. The Agency's rates were set as of July 1, 2021, and are effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes go to the header for HCPC Codes and look for this service.
- i. Crisis Stabilization is reimbursed on an hourly unit of service that accounts for the wages, employee costs, and other allowable costs associated with providing this service. The Agency's rates were set as of July 1, 2011, and are effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes go to the header for HCPC Codes and look for this service.
- j. Independent Living and Recovery Services (previously called Mental Health Skill-Building Services) are reimbursed based on the following units of service: One unit is 1 to 2.99 hours per day, two units is 3 to 4.99 hours per day. The rates account for the wages, employee costs, and other allowable costs associated with providing this service The Agency's rates were set as of July 1, 2011 and are effective for services on or after that date. All rates are published on the agency's website at www.dmas.virginia.gov/#/searchcptcodes go to the header for HCPC Codes and look for this service.

TN No.	21-001	Approval Date 5/27/2021	Effective Date	7/1/2021
Supersedes	<u> </u>		_	_
TN No.	17-009			