

## **Table of Contents**

**State/Territory Name: New Jersey**

**State Plan Amendment (SPA) #: 20-0011**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Submission CMS-179 Summary Form
- 3) Approved SPA Pages

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services

601 E. 12th St., Room 355

Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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February 19, 2021

Jennifer Langer Jacobs  
Assistant Commissioner  
NJ Department of Human Services  
Division of Medical Assistance and Health Services  
PO Box 712  
Trenton, NJ 08625-0712

RE: SPA #20-0011

Dear Ms. Jacobs:

This is to notify you that New Jersey's State Plan Amendment (SPA) #20-0011, "Doula Services," has been approved for adoption into the State Medicaid Plan with an effective date of January 1, 2021. This SPA proposes to add coverage allowing Doula Services to provide support for pregnant individuals throughout the perinatal period to the Title XIX and State Plan.

If you have any questions or wish to discuss this SPA further, please contact Michael Cutler of this office. Mr. Cutler may be reached at (212) 616-2421.

Sincerely,

  
Ruth Hughes, Acting Director  
Division of Program Operations

cc: Nicole McKnight  
Yvette Moore  
Deborah Benson  
Michael Cutler

<b>TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL</b> <b>FOR: CENTERS FOR MEDICARE &amp; MEDICAID SERVICES</b>	1. TRANSMITTAL NUMBER: 20-0011 MA	2. STATE New Jersey
	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	

TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE January 1, 2021
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5. TYPE OF PLAN MATERIAL (*Check One*):

NEW STATE PLAN       AMENDMENT TO BE CONSIDERED AS NEW PLAN       AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (*Separate Transmittal for each amendment*)

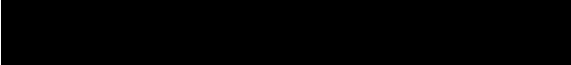
6. FEDERAL STATUTE/REGULATION CITATION:  42 U.S. C. 1396a(a)(30)(A); 42 USC 1396d(a)(13)	7. FEDERAL BUDGET IMPACT:  a. FFY 2021: \$50,000 b. FFY 2022: \$66,600
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8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:  Addendum to Attachment 3.1-A Page 13(c)(2a1)-(2a2) Attachment 4.19B page 35.1 Addendum to Attachment 3.1-B Page 13(c)(2a1)	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT ( <i>If Applicable</i> ):  New New New
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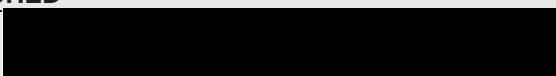
10. SUBJECT OF AMENDMENT:  
Doula Services

11. GOVERNOR'S REVIEW (*Check One*):

GOVERNOR'S OFFICE REPORTED NO COMMENT       OTHER, AS SPECIFIED:  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED      Not required, pursuant to 7.4 of the Plan NO REPLY  
 RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF STATE AGENCY OFFICIAL:  	16. RETURN TO:  Jennifer Langer Jacobs, Assistant Commissioner Division of Medical Assistance and Health Services P.O. Box 712, Mail Code #26 Trenton, NJ 08625-0712
13. TYPED NAME: Carole Johnson	
14. TITLE: Commissioner, Department of Human Services	
15. DATE SUBMITTED: 11/23/20	

FOR REGIONAL OFFICE USE ONLY	
17. DATE RECEIVED: 11/23/2020	18. DATE APPROVED: 02/19/2021

PLAN APPROVED – ONE COPY ATTACHED	
19. EFFECTIVE DATE OF APPROVED MATERIAL: 01/01/2021	20. SIGNATURE 
21. TYPED NAME: Ruth Hughes	22. TITLE: Acting Director Division of Program Operations

23. REMARKS:

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**  
**Limitations on Amount, Duration and Scope of Services Provided to the**  
**Categorically Needy**

13(c) Preventive Services: Doula Services

**General Description:**

Doula services will be used to provide support for pregnant individuals throughout the perinatal period, which may improve birth-related outcomes. Pursuant to 42 C.F.R. Section 440.130(c), doula services are provided as preventive services and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent perinatal complications and/or promote the physical and mental health of the beneficiary.

**Service Description:**

New Jersey intends to provide doula services for pregnant individuals during pregnancy, childbirth and the postpartum period. Doulas support the pregnant individual throughout the pregnancy, childbirth and postpartum experience, with the goal of improving outcomes for birthing parents and infants. Doulas offer support, guidance, evidence-based education, practical support during childbirth, and linkages to community-based resources.

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20-0011-MA (NJ)

TN: 20-0011-MA

Approval Date: **02/19/2021**

Supersedes: NEW

Effective Date: **01/01/2021**

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

**Limitations on Amount, Duration and Scope of Services Provided to the Categorically Needy**

13(c) Preventive Services: Doula Services (cont'd)

Service components include:

- Perinatal counseling and education, including infant care, to prevent adverse outcomes
- Labor support, including development of a birth plan
- Coordination with community-based services, to improve beneficiary outcomes

**Qualified Provider Specifications:**

Doula services shall be provided by qualified individuals who are at least 18 years of age. Doulas must complete doula training, which must include core competencies (perinatal counseling, infant care, labor support) and community-based/cultural competency training, HIPAA training, and adult/infant CPR certification. Doula trainings must be approved by the New Jersey Department of Human Services (NJ-DHS)—in consultation with NJ Department of Health.

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20-0011-MA (NJ)

TN: 20-0011-MA

Approval Date: **02/19/2021**

Supersedes: NEW

Effective Date: **01/01/2021**

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**  
**Limitations on Amount, Duration and Scope of Services**  
**Provided to Medically Needy Groups**  
**PREGNANT WOMEN, DEPENDENT CHILDREN, AND THE AGED, BLIND, OR**  
**DISABLED**

13(c) Preventive Services: Doula Services

Doula services for Medically Needy Groups are identical to doula services for the Categorically Needy, as set forth in Addendum to Attachment 3.1-A (13)(c)(2a1) through (2a2).

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20-0011-MA (NJ)

TN: 20-0011-MA

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**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**  
**METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES FOR NON**  
**INSTITUTIONAL SERVICES**

Reimbursement for Preventive Services: Doula Services

The Doula reimbursement timeframe can run from the date of confirmed conception through 180 days (six months) after delivery, contingent on the client maintaining Medicaid eligibility. New Jersey will reimburse up to \$900 for clients with up to 8 service visits, and up to \$1,166 for clients with 12 service visits.

Each perinatal service visit will be billed for and reimbursed separately. All visits are reimbursed at fifteen (15) minute increments at \$16.62 per unit rate. An initial prenatal visit has a maximum unit capacity of six (6) units to account for assessment while all other visits have a maximum capacity of four (4) units. Reimbursement for attendance during delivery is set at a flat rate of \$235.00.

During the postpartum period, there will be a \$100.00 additional value-based incentive payment made to the Doula if the Doula performs at least one (1) postpartum service visit and the client is seen by an obstetric clinician for one (1) postpartum visit after a labor and delivery claim.

The effective date, the applicable fee schedules, and link to their electronic publication, can be found on page 36 of Attachment 4.19-B of the State Plan. The rates are the same for both governmental and private providers. All applicable procedure code listings and/or rates are published on the State's website at [www.njmmis.com](http://www.njmmis.com) under the link for "Rates and Code Information" and Medicaid fee for services sections.

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