

## **Table of Contents**

**State/Territory Name: Arkansas**

**State Plan Amendment (SPA) #: 20-0020**

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Centers for Medicare & Medicaid Services  
601 E. 12th St., Room 355  
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

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October 27, 2020

Dawn Stehle  
Deputy Director for Health and Medicaid Director  
Arkansas Department of Human Services  
112 West 8<sup>th</sup> Street, Slot S401  
Little Rock, AR 72201-4608

Dear Ms. Stehle:

On October 14, 2020, the Centers for Medicare & Medicaid Services (CMS) received Arkansas State Plan Amendment (SPA) transmittal #20-0020, which changes the limit on Assessment and Treatment Plan Development from 1 unit per year to 2 units per year.

Based upon the information received, we are now ready to approve SPA #20-0020 as of October 26, 2020, with an effective date of January 1, 2021, as requested by the State.

Enclosed is a copy of the CMS-179 form, as well as the approved pages for incorporation into the Arkansas State Plan.

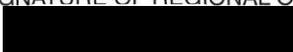
If you have any questions regarding this amendment, please contact Michala Walker at [Michala.walker@cms.hhs.gov](mailto:Michala.walker@cms.hhs.gov) or 816-426-5925.

Sincerely,

 Digitally signed by James G. Scott -S  
Date: 2020.10.27 10:39:36  
05'00'

James G. Scott, Director  
Division of Program Operations

Enclosures

<b>TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE &amp; MEDICAID SERVICES</b>	1. TRANSMITTAL NUMBER <u>2 0 — 0 0 2 0</u>	2. STATE <b>Arkansas</b>
	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE January 1, 2021	
5. TYPE OF PLAN MATERIAL ( <i>Check One</i> ) <input type="checkbox"/> NEW STATE PLAN <input type="checkbox"/> AMENDMENT TO BE CONSIDERED AS NEW PLAN <input checked="" type="checkbox"/> AMENDMENT		
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT ( <i>Separate transmittal for each amendment</i> )		
6. FEDERAL STATUTE/REGULATION CITATION	7. FEDERAL BUDGET IMPACT a. FFY <u>2021</u> \$ <u>0</u> b. FFY <u>2022</u> \$ <u>0</u>	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT  Attachment 3.1-A, Page 4a  Attachment 3.1-B, Page 4b	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT ( <i>If Applicable</i> )  Same; Approved 06-11-20; TN 20-0003  Same; Approved 06-11-20; TN 20-0003	
10. SUBJECT OF AMENDMENT  Adult Developmental Day Treatment (ADDT) Services.		
11. GOVERNOR'S REVIEW ( <i>Check One</i> ) <input checked="" type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <input type="checkbox"/> OTHER, AS SPECIFIED <input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED <input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL		
12. SIGNATURE OF STATE AGENCY OFFICIAL 	16. RETURN TO Office of Rules Promulgation PO Box 1437, Slot S295 Little Rock, AR 72203-1437	
13. TYPED NAME Janet Mann	Attn: Mac Golden	
14. TITLE Director, Division of Medical Services		
15. DATE SUBMITTED <u>10-14-20</u>		
<b>FOR REGIONAL OFFICE USE ONLY</b>		
17. DATE RECEIVED October 14, 2020	18. DATE APPROVED October 26, 2020	
<b>PLAN APPROVED - ONE COPY ATTACHED</b>		
19. EFFECTIVE DATE OF APPROVED MATERIAL January 1, 2021	20. SIGNATURE OF REGIONAL OFFICIAL  Digitally signed by James G. Scott -S Date: 2020.10.27 10:40:16 -05'00'	
21. TYPED NAME James G. Scott	22. TITLE Director, Division of Program Operations	
23. REMARKS		

AMOUNT, DURATION AND SCOPE OF  
SERVICES PROVIDED

Revised:

January 1, 2021

CATEGORICALLY NEEDY

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9. Clinic Services

(1) Adult Developmental Day Treatment (ADDT) Services

Limited to comprehensive day treatment centers offering the following **core** services to beneficiaries age 18 and above:

- a. **Assessment and Treatment Plan Development, 2 units per year**
- b. Adult Day Habilitation Services, 5 units per day, 1 hour each
- c. Provision of noon meal

Optional Services available through ADDT in conjunction with core services are as follows:

- a. Physical therapy - Services must be prescribed by a physician and provided by or under the supervision of a qualified physical therapist.
- b. **Speech-language** therapy - Services must be referred by a physician and provided by or under the supervision of a qualified speech pathologist.
- c. Occupational therapy - Services must be prescribed by a physician and provided by or under the supervision of a qualified occupational therapist.

Occupational, Physical, and **Speech-Language** Therapy Services are provided in accordance with Items 3.1-A.4b(15), 3.1-A.11, 3.1-B.4b(15), and 3.1-B(11).

Extensions of the benefit limit for all ADDT services will be provided if medically necessary.

AMOUNT, DURATION AND SCOPE OF  
SERVICES PROVIDED

Revised:

January 1, 2021

MEDICALLY NEEDY

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9. Clinic Services

(1) Adult Developmental Day Treatment (ADDT) Services

Limited to adult day treatment centers offering the following **core** services to beneficiaries age eighteen (18) and above:

- a. Assessment **and Treatment Plan Development, two (2)** units per year
- b. Adult Day Habilitation Services, five (5) units per day, one (1) hour each day
- c. Provision of noon meal

Optional Services available through Adult Developmental Day Treatment (ADDT) in conjunction with core services are as follows:

- a. Physical therapy—Services must be prescribed by a physician and provided by or under the supervision of a qualified physical therapist.
- b. Speech-**language** therapy—Services must be prescribed by a physician and provided by or under the supervision of a qualified Speech Pathologist.
- c. Occupational therapy—Services must be prescribed by a physician and provided by or under the supervision of a qualified Occupational therapist.

Occupational, Physical, and Speech-**Language** Therapy Services are provided in accordance with Items 3.1-A.4b(15), 3.1-A.11, 3.1-B.4b(15), and 3.1-B(11).

Extensions of the benefit limit for all ADDT services will be provided if medically necessary.