

**WASHINGTON STATE  
TAKE CHARGE MEDICAID SECTION 1115  
DEMONSTRATION WAIVER**

**07/01/2016 -09/30/2016 First Quarter Year Sixteen**

**November 30, 2016**

**Introduction**

Washington State's TAKE CHARGE program, which began July 2001, expanded Medicaid coverage for family planning services to men and women with family incomes at or below 200% of the federal poverty level (FPL). Beginning on October 1, 2012, clients with incomes up to 250% of FPL were eligible to apply for TAKE CHARGE. With the implementation of the Affordable Care Act (ACA) and the use of MAGI for determination of income the limit was increased to 260% of FPL effective October 1, 2013. Program goals are to improve the health of women, children, and families by decreasing unintended pregnancies and lengthening intervals between births, and to reduce state and federal Medicaid expenditures for births from unintended pregnancies. The Centers for Medicare and Medicaid Services (CMS) approved the TAKE CHARGE program as a family planning demonstration program (1115 waiver). For the first ten years of the waiver, TAKE CHARGE was administered by the Washington State Department of Social and Health Services (DSHS) Health and Recovery Services Administration (HRSA). On July 1, 2011, Washington State Medicaid merged with the Washington State Health Care Authority (HCA). The re-organized Health Care Authority now administers the TAKE CHARGE program.

**Executive Summary**

**Demonstration Population:**

The TAKE CHARGE family planning demonstration includes three groups of clients:

- Recently pregnant women who would otherwise lose Medicaid coverage after their maternity coverage ends.
- Women with family incomes at or below 260% of the FPL, seeking to prevent an unintended pregnancy.
- Men with family incomes at or below 260% of the FPL, seeking to prevent an unintended pregnancy.

**Goals of Demonstration:**

- Decrease unintended pregnancies.
- Lengthening intervals between births.
- Reduce state and federal Medicaid expenditures for births from unintended pregnancies.

**Program Highlights:**

- TAKE CHARGE covers every FDA approved birth control method and a narrow range of family planning services that help clients to use their contraceptive methods

safely, effectively and successfully to avoid unintended pregnancy. The types of birth control include:

- Oral Contraceptives
- Contraceptive Ring and Patch
- Male and Female Condoms
- Spermicides
- Contraceptive Injections
- Contraceptive Implants
- Intrauterine Devices
- Emergency Contraception
- Male and Female Sterilizations
- Diaphragms and Cervical Caps
- Natural Family Planning
- Abstinence Counseling
- Family planning-related services for women include an annual comprehensive family planning preventive medicine visit, screening for GC/CT for women ages 13 through 25, cervical cancer screening, and services directly related to successfully using a chosen method of contraception.
- Family planning-related services for men include an annual counseling session for reducing the risk of unintended pregnancy, condoms and spermicides, and services directly related to vasectomies.

Demonstration Year (DY)	Begin Date	End Date	Quarterly Report Due Date (60 days following end of quarter)
Quarter 1	July 1 <sup>st</sup>	September 30 <sup>th</sup>	November 29 <sup>th</sup>
Quarter 2	October 1 <sup>st</sup>	December 31 <sup>st</sup>	March 1 <sup>st</sup>
Quarter 3	January 1 <sup>st</sup>	March 31 <sup>st</sup>	May 30 <sup>th</sup>
Quarter 4	April 1 <sup>st</sup>	June 30 <sup>th</sup>	August 29 <sup>th</sup>

**Significant program changes:**

- There have been no program changes since last quarter.

**Policy issues and challenges:**

- There have been no policy changes since the last quarter.

**Enrollment**

Enrollees are defined as all individuals enrolled in the demonstration for the specified quarter of the demonstration year, including those newly enrolled and the total enrollees during the quarter.

Participants are defined as all individuals who obtain one or more covered family planning service through the demonstration.

Member months refer to the number of months in which persons enrolled in the demonstration are eligible for services.

This demonstration has three eligible populations:

- Population 1: Women losing Medicaid coverage at the conclusion of the 60-day postpartum period.
- Population 2: Women who have an income at or below 260% of the FPL.
- Population 3: Men who have income at or below 260% of the FPL.

The impact of the ACA, Washington’s expanded Medicaid, and Washington’s Health Benefit Exchange offering subsidized qualified health plans continues to affect the enrollment into TAKE CHARGE. TAKE CHARGE enrollees continue to gradually decline.

Total enrollees declined from 10,149 in DY15 Quarter 1 to 8,712 in DY16 Quarter 1, a 14% decline over one year. The rate of decline was the same for Population 1 and 2. Population 3 remained essentially the same. Total enrollees increased very slightly from 8,651 in DY15 Quarter 4. The increase was due to a 2% increase in Population 1. Essentially the waiver enrollees have remained stable for three quarters.

The quarter to quarter decline continues to slow and is likely due to a saturation rate of those who are both eligible for and able to afford a qualified health plan or become eligible for expanded Medicaid. The number of participants in DY16 Quarter 1 decreased 15% from DY15 Quarter 4. This decline is mostly due to the decline in new enrollees in Population 1 which also had a 26% decline in participants. The small number of Population 1 participants is most likely due to women obtaining their preferred method of contraception during the 60 day postpartum period and therefore not needing services during the next 10 months. This trend may have been influenced by the requirement to provide a 12 month supply of hormonal methods and the continued increase in choosing a long acting reversible contraceptive (LARC). The proportion of total enrollees identified as participants remains stable at 13%. The proportion identified as new enrollees also remained stable at 27% in DY16 Quarter.

The following tables show data on enrollees, participants, and member months within the demonstration.

<i>DY 16: SFY2017</i>	<b>Quarter 1</b>			
	<b>July 1, 2016 to September 30, 2016</b>			
	Population 1	Population 2	Population 3	Total Population
<b># of Newly enrolled</b>	1,629	673	8	2,310
<b># of Total Enrollees</b>	5,375	3,304	35	8,712
<b># of Participants</b>	157	978	1	1,135
<b># of Member Months</b>	12,579	8,381	93	21,053

<b>DY 15: SFY2016</b>	<b>Quarter 4 April 1, 2016 to June 30, 2016</b>			
	Population 1	Population 2	Population 3	Total Population
<b># of Newly enrolled</b>	1,519	697	12	2,228
<b># of Total Enrollees</b>	5,264	3,352	36	8,651
<b># of Participants</b>	213	1,123	5	1,340
<b># of Member Months</b>	12,766	8,548	98	21,412

<b>DY 15: SFY2016</b>	<b>Quarter 3 January 1, 2016 to March 31, 2016</b>			
	Population 1	Population 2	Population 3	Total Population
<b># of Newly enrolled</b>	1,593	614	10	2,217
<b># of Total Enrollees</b>	5,347	3,368	36	8,751
<b># of Participants</b>	250	800	4	1,054
<b># of Member Months</b>	12,721	8,650	90	21,461

<b>DY 15: SFY2016</b>	<b>Quarter 2 October 1, 2015 to December 31, 2015</b>			
	Population 1	Population 2	Population 3	Total Population
<b># of Newly enrolled</b>	1,545	655	7	2,207
<b># of Total Enrollees</b>	5,631	3,581	34	9,244
<b># of Participants</b>	217	1,018	2	1,237
<b># of Member Months</b>	13,435	9,277	88	22,800

<b>DY 15: SFY2016</b>	<b>Quarter 1 July 1, 2015 to September 30, 2015</b>			
	Population 1	Population 2	Population 3	Total Population
<b># of Newly enrolled</b>	2,152	764	10	2,985
<b># of Total Enrollees</b>	6,262	3,856	33	10,149
<b># of Participants</b>	227	990	4	1,221
<b># of Member Months</b>	14,750	9,826	86	24,662

### **Service Utilization**

Since providers have a year to bill for services provided, utilization reviews are done once each year at the time of the annual report.

### **Provider Participation**

We have good provider distribution across the state that reflects Washington's population density. There is at least one TAKE CHARGE provider in most counties and more in the more populous counties. As expected, fewer clinics are located in sparsely populated counties of eastern Washington requiring driving to commercial centers to access services.

The provider landscape has changed in response to ACA and will continue to change as innovative payment systems are introduced that focus on quality metrics. As Washington residents obtain health coverage and establish themselves with health homes, small clinics with single purposes are finding their caseloads declining significantly. This has particularly affected Local Health Jurisdictions (LHJ) (public health agencies). Community health centers and other health systems are expanding and filling in some of the gaps left when small clinics close. This quarter we conducted provider education to an FQHC and a hospital based clinic system in a rural area of the state where family planning clinics have closed. This training increased knowledge of the Take Charge program and how to bill for services provided in the program.

### **Program Outreach Awareness and Notification**

#### **General Outreach and Awareness**

- No general public outreach was conducted during this quarter regarding the Waiver.

#### **Target Outreach Campaign(s) (if applicable)**

- No targeted outreach campaigns were conducted this quarter.

### **Program Evaluation, Transition Plan and Monitoring**

During this quarter we met with CMS staff to discuss alternative options to a family planning only SPA. CMS recommended that we continue with the 1115 waiver and agreed to work with us on obtaining a temporary extension of the current STCs and determining what changes if any would need to be made to update the STCs at the end of the extension.

We continue to support providers in their efforts to help clients become enrolled in Apple Health (Medicaid) or subsidized insurance through Washington's Health Benefit Exchange. HCA also works in communities around the state to help residents enroll in Apple Health (Medicaid).

There were no grievances made and no public hearings during this quarter.

**Quarterly Expenditures**

	<b>Demonstration Year 16 (SFY 2017) (July 1, 2016 – June 30, 2017)</b>			
	Service Expenditures as Reported on the CMS -64	Administrative Expenditures as Reported on the CMS -64	Total Expenditures as Reported on the CMS -64	Expenditures as requested on the CMS- 37
Quarter 1 Expenditures	\$395,295	\$7,969	\$403,264	\$421,256
Quarter 2 Expenditures				\$397,968
Quarter 3 Expenditures				\$445,517
Quarter 4 Expenditures				\$328,219
<b>Total Annual Expenditures</b>				\$1,592,960

	<b>Demonstration Year 15 (SFY 2016) (July 1, 2015 – June 30, 2016)</b>			
	Service Expenditures as Reported on the CMS -64	Administrative Expenditures as Reported on the CMS -64	Total Expenditures as Reported on the CMS -64	Expenditures as requested on the CMS- 37
Quarter 1 Expenditures	\$330,618	\$132,388	\$463,006	\$382,000
Quarter 2 Expenditures	\$385,093	-\$14,384*	\$370,709	\$571,000
Quarter 3 Expenditures	\$349,903	\$54.88*	\$349,958	\$513,000
Quarter 4 Expenditures	\$374,118	\$18,247	\$392,365	\$342,000
<b>Total Annual Expenditures</b>	\$1,439,732	\$136,305	\$1,576,037	\$1,808,000

\*There was a credit to administrative expenditures in Quarter 2 due to payroll moving an employee's allocation to a different program. This affected both Quarter 2 and 3 costs.

### **Activities for Next Quarter**

We have informed stakeholders that we will be unable to transition to a SPA and that we are pursuing an extension of the current 1115 waiver. We will continue discussions with stakeholders and CMS regarding the potential changes to the program to meet requirements in an updated set of STCs.