

STATE OF WASHINGTON HEALTH CARE AUTHORITY

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February 29, 2016

Shanna Janu Project Officer Division of State Demonstrations and Waivers Centers for Medicare and Medicaid Services 7500 Security Boulevard, MS S2-01-16 Baltimore, MD 21244-1850

Dear Ms. Janu:

SUBJECT: Washington State Family Planning Section 1115 Demonstration Waiver TAKE CHARGE Year Fifteen Quarter Two Report

Enclosed is Washington State Health Care Authority's quarterly report for our 1115 Family Planning Demonstration Waiver, TAKE CHARGE. The report covers Second Quarter Demonstration Year Fifteen, October 1, 2015 through December 31, 2015.

We look forward to continuing to work with you to accomplish our shared goals to reduce unintended pregnancies and related Medicaid expenditures in Washington State.

Should you have any questions or additional concerns, please contact me, Family Planning Program Manager, by telephone at 360-725-1652 or via email at anaya.balter@hca.wa.gov.

Sincerely,

Anaya Balter, RN, CNM, MBA Program Manager Medicaid Program Operations and Integrity

Enclosure

By email

cc: Juliana Sharp, Centers for Medicare and Medicaid Services

Janice Adams, Centers for Medicare and Medicaid Services

Shanna Janu Centers for Medicare & Medicaid Services February 29, 2016 Page 2

> Kendra Sippel-Theodore, Centers for Medicare and Medicaid Services Maria Garza, Centers for Medicare and Medicaid Services MaryAnne Lindeblad, BSN, MPH, Medicaid Director, HCA Preston Cody, Division Director, MPOI, HCA Todd Slettvet, Section Manager, MPOI, HCA Stacey Bushaw, Unit Supervisor, MPOI, HCA

WASHINGTON STATE TAKE CHARGE MEDICAID SECTION 1115 DEMONSTRATION WAIVER

10/01/2015 -12/31/2015 Second Quarter Year Fifteen

March 1, 2016

Introduction

Washington State's TAKE CHARGE program, which began July 2001, expanded Medicaid coverage for family planning services to men and women with family incomes at or below 200% of the federal poverty level (FPL). Beginning on October 1, 2012, clients with incomes up to 250% of FPL were eligible to apply for TAKE CHARGE. With the implementation of the Affordable Care Act (ACA) and the use of MAGI for determination of income the limit was increased to 260% of FPL effective October 1, 2013. Program goals are to improve the health of women, children, and families by decreasing unintended pregnancies and lengthening intervals between births, and to reduce state and federal Medicaid expenditures for births from unintended pregnancies. The Centers for Medicare and Medicaid Services (CMS) approved the TAKE CHARGE program as a family planning demonstration program (1115 waiver). For the first ten years of the waiver, TAKE CHARGE was administered by the Washington State Department of Social and Health Services (DSHS) Health and Recovery Services Administration (HRSA). On July 1, 2011, Washington State Medicaid merged with the Washington State Health Care Authority (HCA). The re-organized Health Care Authority now administers the TAKE CHARGE program.

Executive Summary

Demonstration Population:

The TAKE CHARGE family planning demonstration includes three groups of clients:

- Recently pregnant women who would otherwise lose Medicaid coverage after their maternity coverage ends.
- Women with family incomes at or below 260% of the FPL, seeking to prevent an unintended pregnancy.
- Men with family incomes at or below 260% of the FPL, seeking to prevent an unintended pregnancy.

Goals of Demonstration:

- Decrease unintended pregnancies.
- Lengthening intervals between births.
- Reduce state and federal Medicaid expenditures for births from unintended pregnancies.

Program Highlights:

- TAKE CHARGE covers every FDA approved birth control method and a narrow range of family planning services that help clients to use their contraceptive methods safely, effectively and successfully to avoid unintended pregnancy. The types of birth control include:
 - Oral Contraceptives
 - Contraceptive Ring and Patch
 - Male and Female Condoms
 - Spermicides
 - Contraceptive Injections
 - Contraceptive Implants
 - Intrauterine Devices
 - Emergency Contraception
 - Male and Female Sterilizations
 - Diaphragms and Cervical Caps
 - Natural Family Planning
 - Abstinence Counseling
- Family planning-related services for women include an annual comprehensive family planning preventive medicine visit, screening for GC/CT for women ages 13 through 25, cervical cancer screening, and services directly related to successfully using a chosen method of contraception.
- Family planning-related services for men include an annual counseling session for reducing the risk of unintended pregnancy, condoms and spermicides, and services directly related to vasectomies.

| Demonstration Year (DY) | Begin Date | End Date | Quarterly Report Due Date (60 days following end of quarter) |
|-------------------------|-------------------------|----------------------------|---|
| Quarter 1 | July 1 st | September 30 th | November 29 th |
| Quarter 2 | October 1 st | December 31 st | March 1 st |
| Quarter 3 | January 1 st | March 31 st | May 30 th |
| Quarter 4 | April 1 st | June 30 th | August 29 th |

Significant program changes:

• There have been no program changes since last quarter.

Policy issues and challenges:

• There have been no policy changes since the last quarter.

Enrollment

<u>Enrollees</u> are defined as all individuals enrolled in the demonstration for the specified quarter of the demonstration year, including those newly enrolled and the total enrollees during the quarter.

<u>Participants</u> are defined as all individuals who obtain one or more covered family planning service through the demonstration.

<u>Member months</u> refer to the number of months in which persons enrolled in the demonstration are eligible for services.

This demonstration has three eligible populations:

- Population 1: Women losing Medicaid coverage at the conclusion of the 60-day postpartum period.
- Population 2: Women who have an income at or below 260% of the FPL.
- Population 3: Men who have income at or below 260% of the FPL.

The impact of the ACA, Washington's expanded Medicaid, and Washington's Health Benefit Exchange offering subsidized qualified health plans continues to affect the enrollment into Take Charge. Take Charge enrollees continue to gradually decline.

Total enrollees declined from 14,721 in DY14 Quarter 2 to 9,244 in DY15 Quarter 2, a 37% decline over one year. The rate of decline was greater for Population 2 and 3, than for Population 1. Total enrollees declined from 10,149 in DY15 Quarter 1, a 9% decline in DY15 Quarter 2. Population 1 declined by 10% this quarter, while Population 2 and 3 had a slower combined decline at 7%.

The decrease in quarter to quarter declines is likely due to a saturation rate of those who are both eligible for and able to afford a qualified health plan or become eligible for expanded Medicaid. This is evidenced by the 26% decline in new enrollees while the number of participants remains stable. The proportion of total enrollees identified as participants has remained stable from DY15 Quarter 1 (12%) to Quarter 2 (13%), while the proportion identified as new enrollees varies by population. Population 1 had a decrease from 34% to 27 % represented by new enrollees, while Population 2 was stable at 20% to 18%. Once women deliver their family size increases and they become eligible for expanded Medicaid.

The following tables show data on enrollees, participants, and member months within the demonstration.

| DY 15: SFY2016 | Quarter 2 October 1, 2015 to December 31, 2015 | | | | |
|-------------------------|---|-------|----|--------|--|
| | PopulationPopulationPopulationTotal123Population | | | | |
| # of Newly enrolled | 1,545 | 655 | 7 | 2,207 | |
| # of Total Enrollees | 5,631 | 3,581 | 34 | 9,244 | |
| # of Participants | 217 | 1,018 | 2 | 1,237 | |
| # of Member Months | 13,435 | 9,277 | 88 | 22,800 | |

| DY 15: SFY2016 | Quarter 1 July 1, 2015 to September 30, 2015 | | | | | | |
|-------------------------|---|-------|----|------------|--|--|--|
| | Population | | | | | | |
| | 1 | 2 | 3 | Population | | | |
| # of Newly enrolled | 2,152 | 764 | 10 | 2,985 | | | |
| # of Total Enrollees | 6,262 | 3,856 | 33 | 10,149 | | | |
| # of Participants | 227 | 990 | 4 | 1,221 | | | |
| # of Member Months | 14,750 | 9,826 | 86 | 24,662 | | | |

| DY 14: SFY2015 | Quarter 4 April 1, 2015 to June 30, 2015 | | | | | |
|-------------------------|--|--------|----|--------|--|--|
| | PopulationPopulationPopulationTotal123Population | | | | | |
| # of Newly enrolled | 2,067 | 747 | 6 | 2,820 | | |
| # of Total Enrollees | 6,267 | 4,153 | 37 | 10,454 | | |
| # of Participants | 175 | 862 | 3 | 1,040 | | |
| # of Member Months | 14,812 | 10,580 | 98 | 25,490 | | |

| DY 14: SFY2015 | Quarter 3 January 1, 2015 to March 31, 2015 | | | | | |
|-------------------------|--|--------|-----|--------|--|--|
| | PopulationPopulationPopulationTotal123Population | | | | | |
| # of Newly enrolled | 1,756 | 788 | 6 | 2,550 | | |
| # of Total Enrollees | 6,533 | 4,493 | 38 | 11,064 | | |
| # of Participants | 232 | 940 | 7 | 1,179 | | |
| # of Member Months | 15,463 | 11,623 | 100 | 27,186 | | |

| DY 14: SFY2015 | Quarter 2 October 1, 2014 to December 31, 2014 | | | | | |
|-------------------------|---|--------|-----|--------|--|--|
| | PopulationPopulationPopulationTotal123Population | | | | | |
| # of Newly enrolled | 3,108 | 718 | 12 | 3,838 | | |
| # of Total Enrollees | 7,662 | 6,989 | 72 | 14,721 | | |
| # of Participants | 274 | 1,145 | 1 | 1,420 | | |
| # of Member Months | 17,711 | 15,690 | 156 | 33,557 | | |

| DY 14: SFY2015 | Quarter 1 July 1, 2014 to September 30, 2014 | | | | | |
|-------------------------|---|----------------------------------|-----|------------|--|--|
| | Population | Population Population Population | | | | |
| | 1 | 2 | 3 | Population | | |
| # of Newly enrolled | 1,953 | 904 | 14 | 2,871 | | |
| # of Total Enrollees | 8,041 | 12,532 | 124 | 20,693 | | |
| # of Participants | 268 | 2,028 | 11 | 2,307 | | |
| # of Member Months | 17,580 | 29,988 | 301 | 47,869 | | |

Service Utilization

Since providers have a year to bill for services provided, utilization reviews are done once each year at the time of the annual report.

Provider Participation

We have good provider distribution across the state that reflects Washington's population density. There is at least one TAKE CHARGE provider in most counties and more in the more populous counties. As expected, fewer clinics are located in sparsely populated counties of eastern Washington requiring driving to commercial centers to access services.

The provider landscape has changed in response to ACA and will continue to change as innovative payment systems are introduced that focus on quality metrics. As Washington residents obtain health coverage and establish themselves with health homes, small clinics with single purposes are finding their caseloads declining significantly. This has particularly affected local health jurisdictions (public health agencies). Community health center systems are expanding and filing in some of the gaps left when small clinics close.

In December we drafted a letter to solicit ideas for a phase out plan of the Take Charge demonstration. This letter was sent out at the beginning of Quarter 3.

Program Outreach Awareness and Notification

General Outreach and Awareness

• No general public outreach was conducted during this quarter regarding the Waiver.

Target Outreach Campaign(s) (if applicable)

• No targeted outreach campaigns were conducted this quarter.

Program Evaluation, Transition Plan and Monitoring

In January, HCA began its dialogue with stakeholders to discuss how to meet the needs of clients, especially adolescents, who have not yet transitioned to comprehensive health coverage or need confidential services. Feedback from stakeholders will be used to develop a recommendation to HCA leadership on how to proceed after the 1115 Demonstration extension expires.

We continue to support providers in their efforts to help clients become enrolled in Apple Health (Medicaid) or subsidized insurance through Washington's Health Benefit Exchange. HCA also works in communities around the state to help residents enroll in Apple Health (Medicaid).

There were no grievances made and no public hearings during this quarter.

Quarterly Expenditures

| | Demonstration Year 15 (SFY 2016) | | | | |
|------------------------------|---|--|---|--|--|
| | (July 1, 2015 – June 30, 2016) | | | | |
| | Service Expenditures as Reported on the CMS -64 | Administrative Expenditures as Reported on the CMS -64 | Total Expenditures as Reported on the CMS -64 | Expenditures as requested on the CMS- 37 | |
| Quarter 1 Expenditures | \$330,618 | \$132,388 | \$463,006 | \$382,000 | |
| Quarter 2 Expenditures | \$385,093 | \$-14,384 [*] | \$370,709 | \$571,000 | |
| Quarter 3 Expenditures | | | | \$513,000 | |
| Quarter 4 Expenditures | | | | \$695,000 | |
| Total Annual Expenditures | | | | \$2,161,000 | |

^{*}There is a credit to administrative expenditures due to payroll moving an employee's allocation to a different program.

| | Demonstration Year 14 (SFY 2015) (July 1, 2014 – June 30, 2015) | | | |
|------------------------------|--|--|---|--|
| | Service Expenditures as Reported on the CMS -64 | Administrative Expenditures as Reported on the CMS -64 | Total Expenditures as Reported on the CMS -64 | Expenditures as requested on the CMS- 37 |
| Quarter 1 Expenditures | \$858,950 | \$178,403 | \$1,037,353 | \$909,000 |
| Quarter 2 Expenditures | \$150,268 | \$86,660 | \$236,928 | \$730,000 |
| Quarter 3 Expenditures | \$358,459 | \$96,848 | \$455,307 | \$389,000 |
| Quarter 4 Expenditures | \$409,069 | \$57,323 | \$466,392 | \$676,000 |
| Total Annual Expenditures | \$1,776,746 | \$419,234 | \$2,195,980 | \$2,704,000 |

Activities for Next Quarter

• We will continue the planning process for creating a transition plan by having discussions with stakeholders and CMS and making recommendations to HCA leadership.