

# Bridging the Mental Health Coverage Gap in Virginia 

Monthly Update
April 2016

## GAP ENROLLMENT

## 7,222 (266 localities represented) 8,855 Enrolled since 1/12/2015



## Number of Records

## Enrollment \& Projections How are we doing?



## Monthly Calls Received at the GAP E\&E Customer Service Unit



## Monthly GAP Applications Received



## Monthly SMI Screening Stats (45\% are known to the system)



## Behavioral Health Service Authorizations

## BHSA Service Auth - 2016



■ GAP Case Management

■ Community MH Rehab Services

Traditional Outpatient
2016 Total:
1,521 GAP CM
994 Community MH
Rehab Services
160 Traditional Outpatient

## Provider Type Paid Claims- Project Total




## Pharmacy Information-Project Total

DRUG Quantity and Payment


Distinct count of Recip and sum of Tent Pay for each Drug_Category. The data is filtered on Drug Tc Specificl, Claim Status and Disp. The Drug Tc Specific1 filter excludes Null. The Claim Status filter keeps Paid. The Disp filter keeps 1,2 and 3 . The view is filtered on Drug_Category, which keeps ANTIDEPRESSANTS, ANTIPSYCHOTICS, USED FOR BOTH MENTAL AND NON-MENTAL HEALTH CONDITIONS, OTHER MENTAL HEALTH and NON-MENTAL HEALTH.


## Magellan Recovery Navigators Enrollment (as of 04/30/16)



## Magellan Recovery Navigators Supports Delivered (as of 04/30/2016)



## Magellan Recovery Navigators <br> Supports Delivered (as of 04/30/2016)

Members received the following supports from Recovery Navigators:

- Emotional- Recovery navigator demonstrates empathy, caring or concern to bolster members' self-esteem and confidence
- Affiliation- Facilitating contacts with other people to promote learning skills, create community and acquire a sense of belonging
- Informational- Sharing knowledge and information and/or providing life or vocational skills training
- Instrumental- Providing concrete assistance to help members accomplish tasks


# Magellan Recovery Navigators (Peer Supports-Success Story-from the Navigator's Eyes) 

Being a peer navigator holds me accountable to my own recovery but also allows me to guide someone else in their own personal journey. Over the last year, I have been working with a young woman who described herself as lost, insecure, and uncertain about her future path. The member was recently widowed and had to move back home with her parents and brother. She was diagnosed with Bipolar disorder and felt weighed down by her depression. After we had talked for awhile, she realized that some of the depression she was experiencing was related to her grief and loss. After losing her husband, she states not only did she lose her partner in life; she lost much of her independence. This was a pivotal point in understanding ways to empower this member and help her feel more in control of her life. We started working on her WRAP (recovery) plan to immediately identify community resources and obstacles that have prevented her from getting her needs met. By collaborating with providers and developing a recovery action plan, this member has made steady improvements. Now, it has been almost a year and half- since this member entered the GAP program. She is enrolled in her local community college and has gone from taking one class to carrying a full course load. She has been able to find her independence while still living at home. In fact, she is planning a future in social work. I am so proud of the things she has accomplished. The member shares, "I don't believe I could have done it without GAP. It allowed me a way to get my medicine and provided support when I needed it the most."

## Outreach Activities

- Phase Il of the Outreach Plan continues
- Presentations
- GAP update at the Virginia Summit on Criminal Justice and Behavioral Health
- GAP listening tour- Starts May $9^{\text {th }}$
- GAP presentation at the Jail Re-entry conference - scheduled May $12^{\text {th }}$
- GAP presentation to Qualified Mental Health Professionals (QMHPS) at Department of Corrections (DOC) mental health training - date TBD
- Communication to be released in early June to the provider community regarding change in Federal Poverty Level increase approved by General Assembly.


## NEXT STEPS

- Continue Phase II Outreach Plan
- Recovery Navigators assisting with reminding members of re-enrollment needs
- Complete year 1 evaluation report
- Finalize plans regarding statewide Town Halls

