

oregon **contraceptive** care

**Oregon Family Planning Medicaid Waiver
Section 1115 Quarterly Report**

1st Quarter Report

January 1, 2019 – March 31, 2019

Demonstration Year 21



I. Introduction

The Oregon Health Authority, Public Health Division, Reproductive Health (RH) Program administers Oregon's 1115 family planning Medicaid demonstration waiver entitled Oregon ContraceptiveCare or "CCare" (Project Number 11-W-00142/0). First approved in October 1998 by the Centers for Medicare and Medicaid Services (CMS) (previously the Health Care Financing Administration), the program began providing services in January of 1999. CCare expands Medicaid coverage for family planning services to all men and women of reproductive age with household incomes at or below 250% of the federal poverty level (FPL). The goal of the program is to improve the well-being of children and families by reducing unintended pregnancies and improving access to primary health care services. Clients are enrolled in CCare at the point of service (clinic site) but final determinations of eligibility are made by state staff. CCare eligibility is effective for one year once established. Eligibility re-determination occurs annually, sooner if a client has lost CCare eligibility for some reason (e.g., acquired and then lost regular Medicaid coverage) and is seeking to reestablish it. CCare covers office visits for contraceptive management services, limited laboratory services, contraceptive devices, and pharmaceutical supplies. There is no cost-sharing for coverage and services are provided through a statewide network of providers. Participating providers abide by the program's Standards of Care. One of these is the requirement to provide all clients with information and resources to help them access primary care services and health coverage on an ongoing basis.

The overall outcomes of CCare can be grouped into three categories: (A) immediate outcomes for CCare clients; (B) intermediate outcomes for both CCare clients and the waiver's target population; and, (C) long-term outcomes for Oregon's reproductive-age population as a whole.

(A) Immediate Outcomes

- Outcome 1: The program will result in an increase in the proportion of clients who use a highly effective or moderately effective contraceptive method.

- Outcome 2: The program will result in an increase in the proportion of clients who receive help to access primary care services and comprehensive health coverage.
Data source: RH Program Data System

(B) Intermediate Outcomes

- Outcome 3: The program will result in an increase in the proportion of reproductive-age Oregonians who use a highly effective or moderately effective contraceptive method.
- Outcome 4: The program will result in an increase in the proportion of sexually experienced high school students who report using a method of contraception at last intercourse.

(C) Long-term Outcomes

- Outcome 5: The program will result in a decrease in the proportion of Oregon births classified as unintended.
- Outcome 6: The program will result in a decrease in the unintended pregnancy rate in Oregon.
- Outcome 7: The program will result in a decrease in teen pregnancy rates in Oregon.

Table 1 shows the quarters for demonstration year (DY) 21 for the waiver.

TABLE 1 Family Planning Waiver Quarterly Report Timeline Dates for DY 21			
Quarter	Begin Date	End Date	Quarterly Report Due*
1	January 1, 2019	March 31, 2019	May 31, 2019
2	April 1, 2019	June 30, 2019	August 31, 2019
3	July 1, 2019	September 30, 2019	November 30, 2019
4	October 1, 2019	December 31, 2019	February 28, 2019

*60 days following the end of quarter.

II. Significant Program Changes

CCare continues to provide the same services as in the previous demonstration period. There were no other noteworthy changes in administration/operations, enrollment, service utilization, or provider participation during the first quarter of 2019.

III. Enrollment and Renewal

CCare expands Medicaid coverage for family planning services to all men and women of reproductive age with household incomes at or below 250% of the federal poverty level (FPL). CCare eligibility is effective for one year once established. Eligibility re-determination occurs annually, sooner if a client has lost CCare eligibility for some reason (e.g., acquired and then lost regular Medicaid coverage) and is seeking to reestablish it.

As part of the newly integrated RH Program structure, all active CCare clients had their eligibility ended as of March 31, 2018 and were reenrolled the next time they sought services at a CCare clinic. As a result of these reenrollments, the number of CCare enrollees during Q2 of 2018 increased and the number of member months decreased. Q3 and Q4 enrollments began to level off and the number of members months began to increase. Q1 of 2019 enrollment and member months are now back to pre-2018 levels.

Table 2				
CY 2019 / DY 21				
	Q1, January 1 – March 31	Q2, April 1 – June 30	Q3, July 1 – September 30	Q4, October 1 – December 31
# of Total Enrollees	6,748			
# of Member Months	83,996			

IV. Services and Providers

As of the end of Q1, 37 agencies, with 103 clinic sites, were enrolled in the full RH Program (CCare, Title X, and HB 3391). An additional 13 agencies are enrolled as CCare-only providers (i.e., not eligible to receive reimbursement under HB 3391 or Title X). Provider training and education activities during the 1st quarter included:

- Delivery of program news, policy updates, training opportunities, and other information to providers via the biweekly *RH Newsletter*.
- Delivery of one CCare orientation training, two Clinic Visit Record/CVR (data and claims collection form) trainings, and one enrollment form training were provided to approximately 50 attendees.
- Recording and posting online of one on-demand RH Program orientation training.

V. Program Monitoring

The RH Program continues to use the program integrity and monitoring processes that were updated in response to program changes implemented in 2018. Audit and compliance components related to CCare continue to be an integral part of the program audit processes.

In Q1, RH Program staff conducted several CCare audit activities to assure compliance with program, state, and federal requirements, including:

1. Monthly desk-audits, including reviews of data and claims to identify potential improper billing practices.
2. Random-sample chart audits to verify documentation supporting contraceptive management services, billed at the appropriate visit level.
3. Enrollment form audits to assess for completeness and accuracy. The Enrollment Forms are checked against information entered into the eligibility database.
4. Chart reviews during onsite clinic reviews where reviewers follow a checklist of components to review charts with visits billed to CCare.

5. Visit frequency audits to help identify clients with a high number of visits within the year, which may indicate the need for a chart audit.
6. Monthly duplicate claims audit process to identify and correct any duplicate claims inadvertently submitted to and paid by CCare.

A total of seven agencies were reviewed in Q1 2019 using the audit processes noted above.

In addition to the above, the RH Program Monitoring and Quality Assurance Workgroup meets monthly to review processes, troubleshoot problems, and share information related to program monitoring. In Q1, this group developed and distributed a chart documentation guidance tool for provider use to encourage consistency and clarity in chart notes, allowing reviewers to more easily determine accurate billing.

VI. Quarterly Expenditures

Table 3 shows the quarterly expenditures during the 1st quarter of DY 21.

TABLE 3 Quarterly Expenditures for DY 21 January 1, 2019 – December 31, 2019	
Quarter	Total Expenditures as Reported on the CMS-64
1	\$2,575,855
2	
3	
4	
Annual Total	

VII. Activities for Next Quarter

RH Program staff will continue to monitor the newly integrated program for quality assurance and improvement opportunities.

RH Program staff will provide data and information to Oregon state legislative staff regarding bills related to reproductive health, as requested. The 2019 legislative session is set to adjourn June 30, 2019. The RH Program anticipates sufficient state funding for CCare to maintain current client and service levels.

In anticipation of the Reporting Year (RY) 2021 PERM cycle, RH Program staff will participate in a kick-off call in early June.

RH Program staff participate in the Oregon Preventive Reproductive Health Advisory Council (OPRHAC), a collaborative effort of state, local, private and public health sectors. Over the course of three years, OPRHAC members developed and finalized the [*Oregon Guidance for the Provision of High-Quality Contraception Services: A Clinic Self-Assessment Tool and Strategies and Resource Guide*](#). The purpose of the tool is to use to define and encourage the adoption of standards for the provision of high-quality contraception services in both primary care and family planning clinical settings throughout Oregon. The RH Program, in support of the OPRHAC tool, developed a website that allows users to track their assessment results and subsequent improvement work plans: <https://oregoncontraceptiontool.org/>. RH Program staff involved in this effort continue to promote the tool across providers and health systems.