

New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

**State:** New York

**Demonstration Name:** Federal State Health Reform Plan

**Description & Status:**

The Federal-State Health Reform Partnership (F-SHRP) demonstration provides federal financial support for a health reform program in New York that addresses the state's need to modernize its acute and long-term care infrastructure, increase capacity in primary and ambulatory care, and make investments in health information technology. The demonstration also allows the state to enroll certain Medicaid populations into managed care on a mandatory basis: aged, blind and disabled individuals statewide, and children, caretaker relatives, and pregnant women in selected counties. The F-SHRP demonstration operates separately from, and complements, New York's comprehensive section 1115 demonstration (The Partnership Plan).

**Populations:**

Under this demonstration, most mandatory and optional state plan populations, except for those listed as excluded or exempt from managed care, in 14 counties are required to enroll in a managed care organization.

<b>Approval Date:</b>	April 27, 2005
<b>Effective Date:</b>	September 29, 2006
<b>Renewal Date:</b>	March 31, 2011
<b>Expiration Date:</b>	March 31, 2014
<b>Pending Actions:</b>	N/A

New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

<b>Name of Section 1115 Demonstration:</b>	Federal-State Health Reform Partnership (F-SHRP)
<b>Waiver Number:</b>	11-W-00234/2
<b>Date Proposal Submitted:</b>	April 27, 2005
<b>Date 1115(a) Demonstration Approved:</b>	September 29, 2006
<b>Date 1115(a) Demonstration Effective:</b>	October 1, 2006
<b>Date 1115(a) Demonstration Expires:</b>	September 30, 2011
<b>Date Renewal Submitted:</b>	September 30, 2010
<b>Date Extension Approved:</b>	March 31, 2011
<b>Extension Expiration:</b>	March 31, 2014
<b>Number of Amendments:</b>	7

**SUMMARY**

Under F-SHRP, the federal government will provide funding up to \$1.5 billion (up to \$300 million per year) to the state for specific designated expenditures. The federal funds “free up” state funds for New York to invest in the reforms outlined above. However, federal funds are conditioned upon the following:

- The state must meet a series of established performance milestones set forth in the demonstration terms and conditions; and
- The demonstration must generate federal savings sufficient to offset the federal investment.

New York will also undertake significant reforms to promote the efficient operation of the state’s health care system by:

- a) reducing excess capacity in its acute care hospital industry;
- b) shifting emphasis in long-term health care services from an institutional to a community-based setting consistent with the President’s New Freedom Initiative by reducing nursing home excess capacity and worker retraining;
- c) investing in health information technology initiatives, including e-prescribing, electronic medical records and regional health information organizations; and
- d) reorienting New York’s health care system away from inpatient facilities to outpatient and primary-care focused delivery systems, including pay-for-performance initiatives.

New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

**AMENDMENTS**

**Amendment #3** Provides authority to the state to require mandatory managed care enrollment of populations that were previously exempt, or excluded from mandatory managed care.

Date Amendment Submitted: April 13, 2011

Date Amendment Approved: September 30, 2011

Date Amendment Effective: October 1, 2011

**Amendment #4** Provides authority to the state to require mandatory managed care enrollment of populations that were previously exempt, or excluded from mandatory managed care.

Date Amendment Submitted: April 13, 2011

Date Amendment Approved: March 30, 2012

Date Amendment Effective: April 1, 2012

**Amendment #5** Provides authority to the state to require individuals who receive community-based long term care services in excess of 120 days enroll into managed care.

Date Amendment Submitted: April 13, 2011

Date Amendment Approved: August 31, 2012

Date Amendment Effective: August 31, 2012

**Amendment #6** Expands the managed long term care (MLTC) program under the demonstration, by authorizing mandatory Medicaid managed care enrollment for individuals who have been served in the state's Long-Term Home Health Care Program, also known as the Lombardi Program, and adds medical social services and home delivered meals to the managed care benefit so that they continue to be available to this population. Allows mandatory enrollment

## New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

into mainstream Medicaid managed care program (MMMMC) for foster care children placed by the local Department of Social Services (DSS) and individuals who are eligible for Medicaid buy-in for the working disabled. Applies an enhanced income standard for individuals to make it easier for individuals who need nursing home level of care to remain in the community and receive services through the MLTC Program.

Date Amendment Submitted: April 13, 2011 – Long Term Home Health Care Program

February 1, 2013 – Foster Care and Medicaid Buy-In for Working Disabled

Date Amendment Approved: April 1, 2013

Date Amendment Effective: April 1, 2013

**Amendment #7:** Amends the demonstration to comply with Medicaid requirements of the Affordable Care Act (ACA). The new adult group has been added as a demonstration population for eligible adults in the 14 counties covered under FSHRP.

Date Amendment Submitted: July 19, 2013

Date Amendment Approved: December 31, 2013

Date Amendment Effective: January 1, 2014

### **STRUCTURE OF DEMONSTRATION**

#### *Designated State Health Programs*

The federal government will provide federal financial participation (FFP) for designated state health programs (DSHP). These are state-funded health care programs, which serve low-income and uninsured New Yorkers, not otherwise eligible for federal matching funds. These programs must be funded completely with state dollars at current levels without in-kind contributions or maintenance-of-effort requirements for other federal programs.

#### *Funding of Reforms*

After incurring DSHP expenditures, the state may draw down FFP only as it is ready to expend state funds on the health reform initiatives. In essence, federal funds replace some of the state funding for the DSHP, thereby “freeing up” state funds for New York’s health reform initiatives outlined above. Federal funds are limited to \$300 million annually, and may not be rolled over into subsequent years. However, the state has two years after each

## New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

demonstration year to claim federal funds and pay for investment expenditures incurred during the demonstration year, which is consistent with Medicaid requirements.

### *Performance Milestones*

The state must meet all milestones throughout the demonstration period. Failure to meet any milestone (except the fraud and abuse recoveries milestone) will result in cessation of FFP for DSHP. Failure to meet the fraud and abuse recoveries milestone will require New York to pay the federal government the difference between the demonstration year goal and actual recoveries, up to a limit of \$500 million over the five-year demonstration period.

Additionally, if New York ends any of the initiatives implemented as part of this agreement prior to the end of the five-year demonstration, the federal government will immediately cease providing FFP for DSHP. These milestones include:

- Increasing fraud and abuse recoveries to 1.5 percent of the state's FFY 2005 total Medicaid expenditures by the end of the demonstration;
- Implementation of a preferred drug program for the entire New York Medicaid program;
- Implementation of an employer-sponsored insurance program;
- Implementation of one new Medicaid reform initiative (exclusive of the items above); and
- Implementation of a single point-of-entry system for long-term care service assessment.

### *Savings*

The reform initiatives to right-size and restructure the state's health care delivery system and to expand use of health information technology are expected to generate significant savings to both the state and federal government. However, these reforms will be implemented over a number of years and although some of the savings are expected to accrue in the next 5 years, much of the savings will be long term.

The state is required to generate \$3 billion in gross Medicaid savings (\$1.5 billion federal) over the 5-year demonstration period. Should the state not achieve these savings by the end of the demonstration, it will be required to refund to the federal government the difference between the federal investment in the F-SHRP reforms and the federal savings generated.

In order to generate sufficient federal Medicaid savings to offset its investment, CMS will count savings in two areas – savings generated due to decreased hospital utilization resulting from eliminating excess acute care capacity and savings generated through Medicaid managed care expansions. The managed care expansions include the current implementation of mandatory SSI enrollment and expansion of mandatory Medicaid enrollment in additional counties.

New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

**ELIGIBILITY AND ENROLLMENT**

Under this demonstration, most mandatory and optional state plan populations, except for those listed below as excluded or exempt from managed care, in 14 counties are required to enroll in a managed care organization. These counties include:

Allegany	Cortland	Dutchess	Fulton	Montgomery
Putnam	Orange	Otsego	Schenectady	Seneca
Sullivan	Ulster	Washington	Yates	

Certain categories of individuals are excluded from the demonstration. These include:

- individuals in permanent residency in a residential health care facility;
- individuals receiving hospice care prior to managed care enrollment;
- individuals who are served through a Home and Community-Based Services waiver program;
- individuals who spend down and become eligible for the Medically Needy program;
- infants of incarcerated women;
- individuals expected to be eligible less than six months (e.g., seasonal agricultural workers); and
- individuals with access to cost-effective private health insurance.

As of December 30, 2011, enrollment in the F-SHRP demonstration is as follows:

<b>Population Groups</b>	<b>Current Enrollees</b>
<b>Population 1 – TANF Child under 1 through 20</b>	<b>68,441</b>
<b>Population 2 – TANF Adults aged 21-64</b>	<b>27,036</b>
<b>Population 3 – Disabled Adults and Children 0-64</b>	<b>73,512</b>
<b>Population 4 – Disabled Adults and Children 0-64</b>	<b>194,548</b>
<b>Population 5 – Aged or Disabled Elderly</b>	<b>5,301</b>
<b>Population 6 – Aged or Disabled Elderly</b>	<b>36,432</b>

**DELIVERY SYSTEM**

The state directly contracts with commercial MCOs and state-certified Prepaid Health Services Plans (PHSPs) for the Partnership Plan. Capitated Special Needs Plans (SNPs) have been developed to serve individuals with HIV/AIDS who require intensive case-managed care regimens, and their families. All beneficiaries in the demonstration must use providers within their managed care plan.

# New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact Sheet

## **BENEFITS**

Managed care beneficiaries receive the same comprehensive benefits package available under the fee-for-service program. Certain services, such as long-term care services, continue to be provided on a fee-for-service basis. Other services, such as transportation and dental care, may be provided on a fee-for-service basis or as part of the capitated managed care service package at county discretion. Family planning services can be obtained from any provider offering such services to Medicaid beneficiaries.

The state also offers certain services on a fee-for-service wraparound basis to individuals who exceed a basic benefit threshold within their managed care plans. For example, individuals who exhaust their basic benefits as defined in the capitation rates are able to receive mental health inpatient and outpatient services, and medically necessary chemical dependency treatment services on a fee-for-service basis. (See the fact sheet for the Partnership Plan for additional details).

## **EVALUATION**

F-SHRP is a five-year demonstration that will end on March 31, 2014. Over the five-year term, the state will be required to report quarterly and annually to CMS on the progress of the demonstration. Reporting will include a number of quantifiable metrics to assist CMS in evaluating the effectiveness of the state's reforms including grant activity, data on hospital and nursing home utilization and debt, progress on implementation of the recommendations of the Governor's Commission on Health Care Facilities in the 21<sup>st</sup> Century, and managed care enrollment information. In addition to these reporting requirements, a formal evaluation of the demonstration is required, with a report due to CMS when the demonstration expires.

## **OTHER AMENDMENTS OF THE DEMONSTRATION**

**Amendment #1** Provides 12-months continuous enrollment for most individuals in the demonstration and mandate managed care enrollment for recipients living with HIV.

Date Amendment Submitted: November 25, 2008

Date Amendment Approved: January 25, 2010

Date Amendment Effective: January 25, 2010

**Amendment #2** Provides authority to the state to require mandatory managed care enrollment of restricted recipient program participants

Date Amendment Submitted: April 13, 2011

New York Federal State Health Reform Plan (FSHRP) 1115 Demonstration Overview and Fact  
Sheet

Date Amendment Approved: July 29, 2011

Date Amendment Effective: July 29, 2011

**CONTACT**

Jessica Woodard, (410)786-9249; [Jessica.Woodard@cms.hhs.gov](mailto:Jessica.Woodard@cms.hhs.gov)