

# Minnesota Family Planning Program

§1115 Waiver No. 11-W-00183/5

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**Demonstration Year VIII  
First Quarter Report  
July 1, 2013 through September 30, 2013**

**Submitted to:**

U.S. Department of Health & Human Services  
Centers for Medicare and Medicaid Services  
Center for Medicaid and State Operations

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## **Program Overview**

### **Background**

In 2002, the Minnesota Department of Human Services applied for a §1115 Family Planning Waiver from the Centers for Medicare & Medicaid Services (CMS). In July 2004, the waiver was approved. Program implementation began on July 1, 2006. A three-year extension of the Minnesota Family Planning Program (MFPP) §1115 waiver was approved by CMS on December 29, 2011 for the period July 1, 2011 through December 31, 2013. On December 31, 2012 the Department submitted an initial waiver extension request to continue operating MFPP for an additional three years. In June of 2013, CMS approved an extension of MFPP until December 31, 2014.

### **Program Objectives**

The purpose of the Minnesota Family Planning Program is to demonstrate positive health outcomes and cost savings by providing an accessible, preventive approach to family planning services for individuals who normally don't access such services.

Under the demonstration Minnesota expects to achieve the following objectives:

- Increase the number of Minnesotans who have access to family planning services through Minnesota Health Care Programs (MHCP);
- Increase the proportion of men and women enrolled in MHCP who utilize family planning services;
- Reduce the number of births to MHCP enrollees that are spaced less than 2 years apart; and
- Reduce the teen birth rate among MHCP enrollees.

### **Eligibility**

An applicant must meet the following requirements to be eligible for the program:

- Be a citizen of the United States or a qualified non-citizen eligible for Medical Assistance with federal financial participation;
- Be a Minnesota resident;
- Be 15 years of age or older and under age 50;
- Have income at or below 200 percent of the federal poverty guideline (applicants under age 21 are treated as a household of one);
- Not be pregnant;

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- Not be enrolled in another Minnesota health care program administered by the Department of Human Services; and
- Not reside in a medical institution.

Participation in the program does not require the consent of anyone other than the applicant. Applicants must report available third-party coverage and cooperate with the Department in obtaining third-party payments. The Department may waive this requirement if the applicant states that reporting third-party coverage would place the applicant at risk of physical or emotional harm.

#### **Program Application Process**

Individuals apply for family planning benefits using the MFPP application. The application is available in providers' offices and on-line. The Department determines an applicant's eligibility for the program within 45 days of receipt of a complete application. Coverage must be renewed annually.

Individuals may also apply at a provider's office for presumptive eligibility. A certified family planning services provider will screen a person for eligibility using preliminary information provided by the person. A person who, based on the preliminary information, appears to meet the eligibility requirements is presumptively eligible. The period of presumptive eligibility begins the first day of the month that a certified family planning services provider determines that a person is presumptively eligible. The period ends the last day of the month following the month that the certified family planning services provider determines that a person was presumptively eligible. During the presumptive eligibility period the applicant must apply for ongoing eligibility. The Department then makes the final determination of ongoing eligibility.

#### **Eligibility Verification Activities**

The Department documents the income of applicants and enrollees annually. Applicants must document citizenship as required by the Deficit Reduction Act of 2005, Public Law 109-71. The Department utilizes the Systematic Alien Verification for Entitlement (SAVE) program to conduct immigration status verifications for ongoing eligibility determinations. The presumptive eligibility process does not require documentation of citizenship.

An enrollee is eligible for the MFPP for one year from the determination of eligibility regardless of changes in income or family size. MFPP eligibility will end prior to the annual renewal if the enrollee:

- Is no longer a Minnesota resident;

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- Enrolls in another Minnesota health care program
- Reaches 50 years of age;
- Becomes pregnant; or
- Becomes an institutionalized individual.

**Enrollment**

The demonstration has four eligible populations:

- Population 1: Women ages 15-50 with family income at or below 200 of the FPL;  
 Population 2: Men ages 15-50 with family income at or below 200 of the FPL;  
 Population 3: Women who are determined to be presumptively eligible by a certified MFPP provider; and  
 Population 4: Men who are determined to be presumptively eligible by a certified MFPP provider.

The chart below provides enrollee, participant and member month data for each of the four population groups within the demonstration for the first quarter of demonstration year VIII.

**Enrollment Data**

DY 8	Quarter 1 (July 1, 2013 - September 30, 2013)					
	Population 1	Population 2	Total Population 1 and 2	Population 3	Population 4	Total Population 3 and 4
# of Newly Enrolled	1,385	44	1,429	6,557	141	6,698
# of Total Enrollees	17,117	263	17,380	9,214	183	9,397
# of Participants	7,924	17	7,941	5,527	102	5,629
# of Member Months	44,469	664	45,133	14,082	286	14,368
Unique MFPP Enrollees: 24,347 (unduplicated)						

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**Service and Providers**

**Services Covered**

The demonstration project covers contraception management services and certain additional medical diagnosis or treatment services that are provided within the context of a visit for contraception management services. The benefit package under MFPP is the same as the family planning and family planning-related benefit package under Minnesota's Medicaid state plan.

**Service Utilization**

The following table illustrates service utilization rates and service expenditures for MFPP participants during the period of July 1, 2013 through September 30, 2013.

Category of Service	Unique Participants	Total Paid
Outpatient Hospital Services	79	\$11,421
Pharmacy Services	1,221	\$138,798
Medical Supply/DME	7,651	\$69,178
Anesthesia	2	\$158
Physician Services	1,856	\$393,001
Radiology, Technical Component	17	\$1,561
Laboratory	4,532	\$426,381
Nurse Midwife Services	2,040	\$491,265
Nurse Practitioner Services	8,849	\$2,059,666
Unique Participants across all services	13,288	\$3,591,430

**Certified Providers of Family Planning Services**

Certain requirements must be met to become a certified family planning provider who can determine presumptive eligibility for the program. A family planning services provider must:

- Sign the business associate agreement;
- Complete required training;
- Provide information about presumptive eligibility to interested persons;
- Help interested persons complete MFPP application forms;
- Use the Department's eligibility verification system to verify a person screened for MFPP eligibility does not receive MHCP coverage;
- Determine presumptive eligibility;
- Give required notices to a person screened for eligibility;

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- Promptly forward completed applications and forms to the Department; and
- Comply with Department requirements regarding program monitoring and evaluation activities.

There were a total of 137 certified family planning providers as of September 30, 2013.

### **Program Evaluation**

On June 1, 2013 DHS submitted the MFPP Evaluation Report. This report presents the results of the DHS evaluation of MFPP program covering the period July 1, 2006 through June 30, 2011.

### **Transition Plan**

Demonstration year VIII of the MFPP was scheduled to expire on December 31, 2013. On December 31, 2012, Minnesota submitted an initial waiver extension request to continue operating the MFPP under current program rules for an additional three years. A subsequent application that included all the required information for a complete waiver extension request was submitted to CMS on May 17, 2013. On June 27, 2013, CMS granted a one-year extension of MFPP waiver authority through December 31, 2014. During this one-year extension period DHS will continue its work on a plan to integrate MAGI standards and methodologies into the MFPP demonstration.

### **Expenditure Reporting and Budget Neutrality Monitoring**

Demonstration expenditures are reported quarterly using Form CMS-64, 64.9 and 64.10.

### **Activities for Next Quarter**

Work will begin on the MFPP report for the period October 1, 2013 through December 31, 2013.