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State/Territory Name: IA

State Plan Amendment (SPA) #: 14-004

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 601 East 12th Street, Suite 355 Kansas City, Missouri 64106



Division of Medicaid and Children's Health Operations

April 3, 2014

Charles M. Palmer, Director Department of Human Services Hoover State Office Building 1305 East Walnut, 5th Floor Des Moines, Iowa 50319-0119

Dear Mr. Palmer:

Enclosed for your records is an approved copy of Iowa's Alternative Benefit Plan (ABP) State Plan Amendment (SPA) transmittal #14-004, for the Iowa Wellness Plan population. This SPA, which was submitted to the Centers for Medicare & Medicaid Services (CMS) on March 4, 2014, meets all federal statutory and regulatory requirements for establishing an ABP.

All requirements pertaining to ABPs must be met including, but not limited to: benefits, payment rates, reimbursement methodologies, cost-sharing state plan pages, and (if applicable) managed care services delivery systems (waivers and contracts). Amendments to the state's approved Medicaid program (SPAs, waiver, contracts) may require corresponding amendments to the ABP if the change to the benefit in the approved state plan will be mirrored in the ABP.

SPA 14-004 was approved on April 2, 2014, with an effective date of January 1, 2014, as requested by the state.

If you have any questions regarding this amendment, please contact Karen Hatcher or Sandra Levels at (816) 426-5925.

Sincerely,

//s//

James G. Scott Associate Regional Administrator for Medicaid and Children's Health Operations

Enclosure

cc: Jennifer Vermeer Brenda Hall Alisa Horn

tate/Territory name: `ransmittal Number:	Iowa	
Please enter the Transi	mittal Number (TN) in the format ST	-YY-0000 where ST= the state abbreviation, YY = the last two digits of the submission
<i>year, and 0000 = a four</i> IA-14-004	r digit number with leading zeros. Th	e dashes must also be entered.
IA-14-004		
Proposed Effective Date	þ	
01/01/2014	(mm/dd/yyyy)	
ederal Statute/Regulat	tion Citation	
Section 1937		
Federal Budget Impact	ederal Fiscal Year	Amount
_		Amount
First Year 20	\$ 0.00	
Second Year 20	015	
	\$ 0.00	
ubject of Amendment Alternative Benefit	Plan - Iowa Wellness	
Governor's Office Revie	ew	
	office reported no comment	
Comments of Describe:	of Governor's office received	
Describe.		
	ceived within 45 days of submit	ital
Other, as sp Describe:	ecified	
Describe.		

Submitted By:	Alisa Horn
Last Revision Date:	Apr 2, 2014
Submit Date:	Mar 4, 2014



OMB Control Number: 0938-1148

Alternative Benefit Plan Populations		OMB	Expiration date: 10	ABP1
Identify and define the population that will part	icipate in the Alternative Benefit	Plan.		
Alternative Benefit Plan Population Name:	Iowa Wellness Plan			
Identify eligibility groups that are included in the	L he Alternative Benefit Plan's pop	ulation, and which may contai	n individuals that n	neet any
targeting criteria used to further define the popu Eligibility Groups Included in the Alternative B				
	enem rian ropulation.		Enrollment is	
	Eligibility Group:		mandatory or	
			voluntary?	
+ Adult Group			Mandatory	X
Enrollment is available for all individuals in the	ese eligibility group(s).	No		
Targeting Criteria (select all that apply):				
Income Standard.				
Disease/Condition/Diagnosis/Disorder				
Disease/Condition/Diagnosis/Disorder	r			
Physical Disability				
🔲 Brain Injury				
HIV/AIDS				
Medically Frail				
Technology Dependent				
Autism				
Developmental Disability				
Intellectual Disability				
Mental Illness				
Substance Use Disorder				
Diabetes				
Heart Disease				
Asthma				
Obesity				
Other Disease/Condition/Diagnosi	is/Disorder			



Other.

Other Targeting Criteria (Describe):

Enrollment in the Iowa Wellness Plan will be mandatory for those persons who have income from 0 to 100% of the Federal Poverty Level (FPL) so long as they do not have access to cost-effective employer sponsored insurance (ESI) and do not have an exempt individual status as defined by 42 CFR sec.440.315.

Geographic Area

The Alternative Benefit Plan population will include individuals from the entire state/territory.

Yes

Any other information the state/territory wishes to provide about the population (optional)

Enrollment in the Iowa Wellness Plan will be mandatory for those persons who have income from 0 to 100% of the Federal Poverty Level (FPL) so long as they do not have access to cost-effective employer sponsored insurance (ESI) and do not have an exempt individual status as defined by 42 CFR sec.440.315. Persons who have access to cost-effective ESI will be enrolled in their ESI as the primary payer. Any eligible services not provided by the member's employer sponsored plan will be covered under the Iowa Wellness Plan. Persons with income up to 133% of the FPL who have an exempt individual status will be enrolled in the ABP that is the Medicaid State Plan and will have the option to enroll in the Iowa Wellness Plan ABP.

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1148. The time required to complete this information collection is estimated to average 5 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

V.20130724



OMB Control Number: 0938-1148

OMB Expiration date: 10/31/2014

Voluntary Benefit Package Selection Assurances - Eligibility Group under Section 1902(a)(10)(A) (i)(VIII) of the Act ABP2a

The state/territory has fully aligned its benefits in the Alternative Benefit Plan using Essential Health Benefits and subject to 1937 requirements with its Alternative Benefit Plan that is the state's approved Medicaid state plan that is not subject to 1937 requirements. Therefore the state/territory is deemed to have met the requirements for voluntary choice of benefit package for individuals exempt from mandatory participation in a section 1937 Alternative Benefit Plan.

These assurances must be made by the state/territory if the Adult eligibility group is included in the ABP Population.

- The state/territory shall enroll all participants in the "Individuals at or below 133% FPL Age 19 through 64" (section 1902(a)(10)(A) (i)(VIII)) eligibility group in the Alternative Benefit Plan specified in this state plan amendment, except as follows: A beneficiary in the eligibility group at section 1902(a)(10)(A)(i)(VIII) who is determined to meet one of the exemption criteria at 45 CFR 440.315 will receive a choice of a benefit package that is either an Alternative Benefit Plan that includes Essential Health Benefits and <u>is</u> subject to all 1937 requirements or an Alternative Benefit Plan that is the state/territory's approved Medicaid state plan not subject to 1937 requirements. The state/territory's approved Medicaid state plan includes all approved state plan programs based on any state plan authority, and approved 1915(c) waivers, if the state has amended them to include the eligibility group at section 1902(a)(10)(A) (i)(VIII).
- The state/territory must have a process in place to identify individuals that meet the exemption criteria and the state/territory must comply with requirements related to providing the option of enrollment in an Alternative Benefit Plan defined using section 1937 requirements, or an Alternative Benefit Plan defined as the state/territory's approved Medicaid state plan that is not subject to section 1937 requirements.

Once an individual is identified, the state/territory assures it will effectively inform the individual of the following:

- a) Enrollment in the specified Alternative Benefit Plan is voluntary;
- b) The individual may disenroll from the Alternative Benefit Plan defined subject to section 1937 requirements at any time and instead receive an Alternative Benefit Plan defined as the approved state/territory Medicaid state plan that is not subject to section 1937 requirements; and
- c) What the process is for transferring to the state plan-based Alternative Benefit Plan.
- ✓ The state/territory assures it will inform the individual of:
 - a) The benefits available as Alternative Benefit Plan coverage defined using section 1937 requirements as compared to Alternative Benefit Plan coverage defined as the state/territory's approved Medicaid state plan and not subject to section 1937 requirements; and
 - b) The costs of the different benefit packages and a comparison of how the Alternative Benefit Plan subject to 1937 requirements differs from the Alternative Benefit Plan defined as the approved Medicaid state/territory plan benefits.

How will the state/territory inform individuals about their options for enrollment? (Check all that apply)

🔀 Letter

🗌 Email

Other



Provide a copy of the letter, email enrollment.	text or other communication text that will be used to inform individuals about their options for
	An attachment is submitted.
When did/will the state/territory in	nform the individuals?
	survey from the member, the state will determine whether the member has an exempt individual status wa will then mail the member a letter informing them of their enrollment options.
exemption criteria to disenroll fro	s process for allowing individuals in the Section 1902(a)(10)(A)(i)(VIII) eligibility group who meet m the Alternative Benefit Plan defined using section 1937 requirements and enroll in the Alternative erritory's approved Medicaid state plan.
at any time. Iowa would like to cl the 1937 requirements. Exemption Conditions document and include	the Iowa Medicaid Member Services unit and request to change plans. The member can change plans larify, however, that the ABP defined using the section 1937 requirements does not actually cover all ns to the 1937 requirements are included in the Iowa Wellness Plan 1115waiver/Special Terms and waiver of NEMT services. Iowa's attestations about this ABP are not meant to indicated that the ABP so f 1937, only that the benefit plan is defined statutorily in section1937.
The state/territory assures it wi	ll document in the exempt individual's eligibility file that the individual:
a) Was informed in accordanc	e with this section prior to enrollment;
b) Was given ample time to ar	rive at an informed choice; and
	ve Benefit Plan coverage subject to section 1937 requirements or defined as the state/territory's an, which is not subject to section 1937 requirements.
Where will the information be doc	umented? (Check all that apply)
☐ In the eligibility system.	
\Box In the hard copy of the cas	e record.
⊠ Other	
Describe:	
Iowa will keep all corres	pondence regarding the member (whether sent from or received by Iowa) in a secure computer system.
What documentation will be maint	ained in the eligibility file? (Check all that apply)
Copy of correspondence s	ent to the individual.
Signed documentation from	m the individual consenting to enrollment in the Alternative Benefit Plan.
⊠ Other	
Describe:	
Only eligibility informat documentation about the	ion will be in the member's eligibility file. Iowa has other systems that maintain correspondence and member.



The state/territory assures that it will maintain data that tracks the total number of individuals who have voluntarily enrolled in either Alternative Benefit Plan coverage subject to section 1937 requirements or Alternative Benefit Plan coverage defined as the state/ territory's approved Medicaid state plan, which is not subject to section 1937 requirements.

Other information related to benefit package selection assurances for exempt participants (optional):

PRA Disclosure Statement

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V.20130807



OMB Control Number: 0938-1148 OMB Expiration date: 10/31/2014

Enrollment Assurances - Mandatory Participants	ABP2c
These assurances must be made by the state/territory if enrollment is mandatory for any of the target populations or sub-popul	ations.
When mandatorily enrolling eligibility groups in an Alternative Benefit Plan (Benchmark or Benchmark-Equivalent Plan) that exempt individuals, prior to enrollment:	t could have
✓ The state/territory assures it will appropriately identify any individuals in the eligibility groups that are exempt from mand enrollment in an Alternative Benefit Plan or individuals who meet the exemption criteria and are given a choice of Alterna Plan coverage defined using section 1937 requirements or Alternative Benefit Plan coverage defined as the state/territory's Medicaid state plan, not subject to section 1937 requirements.	ative Benefit
How will the state/territory identify these individuals? (Check all that apply)	
Review of eligibility criteria (e.g., age, disorder/diagnosis/condition)	
Describe:	
Iowa has created a referral form to be used by providers or other entities with a relationship with the member. The fask for attestation of the conditions that qualify a person as an exempt individual. When providers or approved entit this form, Iowa will review the form to determine whether the individual meets the criteria of an exempt individual.	
Self-identification	
Describe:	
Iowa will utilize a self-attestation method of screening via affirmative answers to two questions on the single-stream application regarding receipt of Social Security income and/or having a physical, mental, or emotional health condit causes limitations in activities of daily living. If an individual answers affirmatively to either or both questions, they receive a questionnaire to assess whether they may have an exempt individual status as described 42 CFR 440.315. member completes/returns the questionnaire, the responses will be reviewed to calculate (based on a weighted scorin algorithm) whether or not the member meets the criteria of an exempt individual. The member can return this form for a determination of their status. If the member does not return the form, s/he will remain in the Iowa Wellness placement.	ion that will When the ng at any time
☐ Other	
✓ The state/territory must inform the individual they are exempt or meet the exemption criteria and the state/territory must c all requirements related to voluntary enrollment or, for beneficiaries in the "Individuals at or below 133% FPL Age 19 thr eligibility group, optional enrollment in Alternative Benefit Plan coverage defined using section 1937 requirements or Alt Benefit Plan coverage defined as the state/territory's approved Medicaid state plan.	ough 64"
✓ The state/territory assures that for individuals who have become exempt from enrollment in an Alternative Benefit Plan, the territory must inform the individual they are now exempt and the state/territory must comply with all requirements related voluntary enrollment or, for beneficiaries in the "Individuals at or below 133% FPL Age 19 through 64" eligibility group enrollment in Alternative Benefit Plan coverage defined using section 1937 requirements, or Alternative Benefit Plan cover defined as the state/territory's approved Medicaid state plan.	to , optional
How will the state/territory identify if an individual becomes exempt? (Check all that apply)	
Review of claims data	
⊠ Self-identification	



- \boxtimes Review at the time of eligibility redetermination
- Provider identification
- Change in eligibility group
- Other

How frequently will the state/territory review the Alternative Benefit Plan population to determine if individuals are exempt from mandatory enrollment or meet the exemption criteria?

- Monthly
- Quarterly
- Annually
- Ad hoc basis
- Other

Describe:

Self identification will be done at enrollment and annual re-enrollment. However, persons may self-identify at any time by completing the questionnaire or contacting the Iowa Medicaid Enterprise for assistance in doing so. Additionally, provider/ entity referrals may be made at any time.

✓ The state/territory assures that it will promptly process all requests made by exempt individuals for disenrollment from the Alternative Benefit Plan and has in place a process that ensures exempt individuals have access to all standard state/territory plan services or, for beneficiaries in the "Individuals at or below 133% FPL Age 19 through 64" eligibility group, optional enrollment in Alternative Benefit Plan coverage defined using section 1937 requirements, or Alternative Benefit Plan coverage defined as the state/territory's approved Medicaid state plan.

Describe the process for processing requests made by exempt individuals to be disenrolled from the Alternative Benefit Plan:

If an exempt individual contacts the Iowa Medicaid Enterprise requesting to be disenrolled from the ABP, the IME will disenroll and provide him or her the other Alternative Benefit Plan available to the member. Coverage in the new plan will be effective on the 1st of the following month.

Other Information Related to Enrollment Assurance for Mandatory Participants (optional):

If an individual is determined by Iowa to be exempt as defined by 45 CFR 440.315, the member will be enrolled in the Alternative Benefit Plan defined as the state/territory's approved Medicaid state plan and will have the option to change coverage to the Alternative Benefit Plan known as the Iowa Wellness Plan.

PRA Disclosure Statement

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V.20130807



OMB Control Number: 0938-1148 OMB Expiration date: 10/31/2014

Selection of Benchmark Benefit Package or Benchmark-Equivalent Benefit Package ABP3
Select one of the following:
○ The state/territory is amending one existing benefit package for the population defined in Section 1.
• The state/territory is creating a single new benefit package for the population defined in Section 1.
Name of benefit package: Iowa Wellness Plan
Selection of the Section 1937 Coverage Option
The state/territory selects as its Section 1937 Coverage option the following type of Benchmark Benefit Package or Benchmark- Equivalent Benefit Package under this Alternative Benefit Plan (check one):
Benchmark Benefit Package.
○ Benchmark-Equivalent Benefit Package.
The state/territory will provide the following Benchmark Benefit Package (check one that applies):
C The Standard Blue Cross/Blue Shield Preferred Provider Option offered through the Federal Employee Health Benefit Program (FEHBP).
State employee coverage that is offered and generally available to state employees (State Employee Coverage):
A commercial HMO with the largest insured commercial, non-Medicaid enrollment in the state/territory (Commercial HMO):
• Secretary-Approved Coverage.
○ The state/territory offers benefits based on the approved state plan.
• The state/territory offers an array of benefits from the section 1937 coverage option and/or base benchmark plan benefit packages, or the approved state plan, or from a combination of these benefit packages.
Please briefly identify the benefits, the source of benefits and any limitations:
Iowa will use a combination of benefits that include: the state employee coverage offered and generally available to state employees and the Medicaid State Plan including the prescription drug benefit and urgent dental services. The urgent dental services will be provided through the existing Medicaid provider network and will include medically necessary emergent and stabilization dental services including services treating infection, acute pain, or trauma and related diagnostic services. The state assures that all services in the base benchmark have been accounted for throughout the benefit chart found in ABP5. The state assures the accuracy of all information in ABP5 depicting amount, duration and scope parameters of services authorized in the currently approved Medicaid state plan.
Selection of Base Benchmark Plan The state/territory must select a Base Benchmark Plan as the basis for providing Essential Health Benefits in its Benchmark or Benchmark-Equivalent Package.

The Base Benchmark Plan is the same as the Section 1937 Coverage option. No



Indicate which Benchmark Plan described at 45 CFR 156.100(a) the state/territory will use as its Base Benchmark Plan:

- C Largest plan by enrollment of the three largest small group insurance products in the state's small group market.
- Any of the largest three state employee health benefit plans by enrollment.
- Any of the largest three national FEHBP plan options open to Federal employees in all geographies by enrollment.
- Largest insured commercial non-Medicaid HMO.

Plan name: Wellmark Inc Blue Access

Other Information Related to Selection of the Section 1937 Coverage Option and the Base Benchmark Plan (optional):

PRA Disclosure Statement

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V.20130801



OMB Control Number: 0938-1148 OMB Expiration date: 10/31/2014

Alternative Benefit Plan Cost-SharingA	ABP4
Any cost sharing described in Attachment 4.18-A applies to the Alternative Benefit Plan.	
Attachment 4.18-A may be revised to include cost sharing for ABP services that are not otherwise described in the state plan. Any cost sharing must comply with Section 1916 of the Social Security Act.	such
The Alternative Benefit Plan for individuals with income over 100% FPL includes cost-sharing other than that described in Attachment 4.18-A.	les
The state/territory has completed and attached to this submission Attachment 4.18-F to indicate the Alternative Benefit Plan cost-sharing provisions that are different from those otherwise approved in the state plan.	n's
An attachment is submitted.	
Other Information Related to Cost Sharing Requirements (optional):	
Through it's Iowa Wellness Plan 1115 waiver, Iowa is waiving the 'Comparability' requirements of SSA 1902(a)(17). Specifically, will permit Iowa to charge Iowa Wellness plan members only one copay, \$8 for non-emergent use of the emergency department an other cost-sharing. This copay will be implemented in Year 2 of the Iowa Wellness plan waiver.	
]

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V.20130807



OMB Control Number: 0938-1148 OMB Expiration date: 10/31/2014 **Benefits Description** ABP5 The state/territory proposes a "Benchmark-Equivalent" benefit package. No The state/territory is proposing "Secretary-Approved Coverage" as its section 1937 coverage option. Yes Secretary-Approved Benchmark Package: Benefit by Benefit Comparison Table The state/territory must provide a benefit by benefit comparison of the benefits in its proposed Secretary-Approved Alternative Benefit Plan with the benefits provided by one of the section 1937 Benchmark Benefit Packages or the standard full Medicaid state plan under Title XIX of the Act. Submit a document indicating which of these benefit packages will be used to make the comparison and include a chart comparing each benefit in the proposed Secretary-Approved benefit package with the same or similar benefit in the comparison benefit package, including any limitations on amount, duration and scope pertaining to the benefits in each benefit package. An attachment is submitted. **Benefits Included in Alternative Benefit Plan** Enter the specific name of the base benchmark plan selected: Wellmark Blue Access State Employee Plan The "Benefit Provided" field lists the name of each benefit the same way it was described in the Section 1115 Waiver. If the name (but same benefit) was different in the Base Benchmark State Employees plan documents, this benefit name is stated in the "other description" field in all of ABP5, if applicable for that particular benefit. Enter the specific name of the section 1937 coverage option selected, if other than Secretary-Approved. Otherwise, enter "Secretary-Approved." Secretary Approved



Authorization: Provider		Remove
Authorization: Provider None Medicaid Amount Limit: Duration None None Scope Limit: None Athletic Trainers not covered. Other information regarding this benefit, including the specific n benchmark plan: Physicians and Practitioners Physicians and Practitioners	Qualifications: 1 State Plan Limit:	Remove
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benchmark plan: Physicians and Practitioners	name of the source plan if it is not the base	
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Scope Limit:		
None		
Other information regarding this benefit, including the specific n benchmark plan: Physicians and Practitioners NOTE: Iowa's Benchmark does not mention prior authorizations Medicaid prior authorization guidelines where only some service	s for this service but Iowa will be following	
Benefit Provided: Source:		
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	Qualifications:	
	l State Plan	
Amount Limit: Duration		
None None		
Scope Limit: None]	



of care does not require the continuing personnel. Some examples of custodi- bathing, dressing, feeding and other for	vices and supplies, which help with daily living activities. This type attention and assistance of licensed medical or trained paramedical al care are assistance in walking and getting in and out of bed; aid in orms of assistance with normal bodily functions; preparation of cation that can usually be self-administered. In order for care to be tian.	Remove
Benefit Provided:	Source:	
Chiropractors	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
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	Source:	Remove
benchmark plan:		Remove
benchmark plan:	Source: Base Benchmark State Employees	Remove
benchmark plan: Benefit Provided: Surgery - Outpatient Authorization:	Source: Base Benchmark State Employees Provider Qualifications:	Remove
benchmark plan: Benefit Provided: Surgery - Outpatient Authorization: Prior Authorization	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	Remove
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Amount Limit:	Duration Limit:	
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Scope Limit:		
None		
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Benefit Provided:	Source:	
Allergy Testing and Injections	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
benchmark plan:	it, including the specific name of the source plan if it is not the	base
benchmark plan: Allergy Testing and Treatment		base
benchmark plan: Allergy Testing and Treatment Benefit Provided:	Source:	
benchmark plan: Allergy Testing and Treatment Benefit Provided: Chemotherapy-Outpatient	Source: Base Benchmark State Employees	base
benchmark plan: Allergy Testing and Treatment Benefit Provided: Chemotherapy-Outpatient Authorization:	Source: Base Benchmark State Employees Provider Qualifications:	
benchmark plan: Allergy Testing and Treatment Benefit Provided: Chemotherapy-Outpatient Authorization: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	
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Medicaid State Plan Duration Limit:	Remove
None	
None	
uding the specific name of the source plan if it is not the ba	ise
Source:	
Base Benchmark State Employees	Remove
Provider Qualifications:	
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Duration Limit:	
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uding the specific name of the source plan if it is not the ba	1Se
Source:	
Base Benchmark State Employees	Remove
Provider Qualifications:	
Medicaid State Plan	
Duration Limit:	
None	
Medicare approved dialysis center (outpatient)	
uding the specific name of the source plan if it is not the ba	ase
	Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None luding the specific name of the source plan if it is not the base Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan



Benefit Provided:	Source:	
Anesthesia - outpatient	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, ir benchmark plan:	ncluding the specific name of the source plan if it is not the base	
the hospital. The same anesthetics that are	procedures where the patient does not need to stay overnight in used in the operating room setting are used in the ambulatory al anesthetics. Sedation anesthetics are also given in the	
Benefit Provided:	Source:	
Urgent Care/Walkin Centers	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, ir benchmark plan:	ncluding the specific name of the source plan if it is not the base	
Used for sudden illness or injury and who emergency, urgent care, or immediate care	need to see a doctor right away. Clinics are often called minor centers.	
Benefit Provided:	Source:	
Access to Clinical Trials	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
	None	
None	Tone	
None Scope Limit:		



General Condition of Coverage		Remov
General Condition of Coverage		
nefit Provided:	Source:	
enetic Testing	Base Benchmark State Employees	Remov
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Genetic testing for purely informational purposes is n	tot covered.	
Other information regarding this benefit, including the benchmark plan:	e specific name of the source plan if it is not the base	
following are met: Appropriate candidate for a test ur the test is expected to determine a covered course of the	reatment or prevention. horizations for this service but Iowa will be following	
nefit Provided:	Source:	
ental Treatment for Accidental Injury	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	Care must be completed within 6 months of	
Scope Limit:		
See Other Information below for Covered and Not Co	overed services.	
Other information regarding this benefit, including the benchmark plan:	e specific name of the source plan if it is not the base	
Duration limit continued: injury. Treatment must hav group health plan.	ve occurred while the member was covered under this	
Covered Services: Anesthesia (general) and hospital or ambulatory surgivif: Based on a determination by a licensed dentist and that would create significant or undue medical risk in treatment or surgery if not rendered in a hospital or an Impacted teeth removal (surgical) as an inpatient or or exists (such as hemophilia) that requires hospitalization	treating physician, one or more medical conditions the course of delivery of any necessary dental nbulatory surgical facility. Intpatient of a facility only when a medical condition	



endodontic services, periodontal services	mouth due to injury or disease. nited to, diagnostic and preventive services, restorative services, ces, indirect fabrications, dentures and bridges, and orthodontic s or surgical management of cleft palate. om the act of chewing.	Remove
enefit Provided:	Source:	
lospice Care - Outpatient	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Terminally ill patient and have a life e	expectancy of six months or less.	
benchmark plan: Terminally ill patients that have a life of support for persons in the last stages of	it, including the specific name of the source plan if it is not the base expectancy of six months or less. Services to provide comfort and f a terminal illness and their families. In accordance with Section viduals under age 21 (age 19 and 20 for purposes of this benchmark rrently with curative care.	
enefit Provided:	Source:	
halation Therapy	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	_
None	60 visits per benefit year.	
Scope Limit:		
None		
Other information regarding this benef	it, including the specific name of the source plan if it is not the base	_
benchmark plan:		



Benefit Provided:	Source:	
Medical and Surgical Supplies	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, inc benchmark plan:	cluding the specific name of the source plan if it is not the base	
Medical supplies and devices such as dressino oxygen.	ng and casts, oxygen and equipment needed to adminiser	
		Add



ssential Health Benefit 2: Emergency services		Collapse All
Benefit Provided:	Source:	
Emergency Room Services	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, include benchmark plan:	ing the specific name of the source plan if it is not the base	
Emergency Services		
Benefit Provided:	Source:	
Emergency Transportation-Ambulance and Air Am	bulan Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
No other method of transportation is appropriat	te.	
Other information regarding this benefit, include benchmark plan:	ing the specific name of the source plan if it is not the base	_
where the patient is currently receiving care if p	at patient illness or injury are not available in the facility patient is an inpatient at a facility. Patient is transported to k with adequate facilities to treat condition. In emergency	
	propriate facility whether the facilility is in or out of	



Essential Health Benefit 3: Hospitalization		Collapse All
Benefit Provided:	Source:	_
General Inpatient Hospital Care	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	_
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	_
None	None	
Scope Limit:		
None		
Other information regarding this benefit, benchmark plan: Hospitals and Facilities	including the specific name of the source plan if it is not the base]
Benefit Provided:	Source:	J
Inpatient Physician Services	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	_
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	_
None	None	
Scope Limit:		_
None		
Other information regarding this benefit, benchmark plan:	including the specific name of the source plan if it is not the base]
Benefit Provided:	Source:	
Inpatient Surgical Services	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	_
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	_
None	None	
Scope Limit:		
None]



Hospitals and Facilities		Remove
enefit Provided:	Source:	
on-cosmetic Reconstructive Services	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
impaired as the result of an illness, accidental Other information regarding this benefit, inclu	overed unless provided primarily to restore function lost or injury, or a birth defect including treatment for any ding the specific name of the source plan if it is not the base	
benchmark plan: Scope Limit Continued: complications resul Hospitals and Facilities	ting from noncovered cosmetic procedures.	
enefit Provided:	Source:	
ransplant Organ and Tissue	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Covered - certain bone marrow/stem cell tran lung, pancreas, pancreas/kidney, small bowel	sfers from a living donor, heart, heart/lung, kidney, liver,	
Other information regarding this benefit, inclu benchmark plan:	ding the specific name of the source plan if it is not the base	
supplies related to mechanical or non-human of	ving donor, expenses related to purchase of organ, services/ organs, transplant services and supplies not listed in the resulting from the Not Covered benefits listed would not be	
enefit Provided:	Source:	
ongenital abnormalities correction	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	



	Duration Limit:	
None	None	Remove
Scope Limit:		
None		
Other information regarding this benefit benchmark plan:	, including the specific name of the source plan if it is not the	base
Reconstructive Surgery		
Benefit Provided:	Source:	
Anesthesia - Inpatient	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
_		
None Other information regarding this benefit benchmark plan:	, including the specific name of the source plan if it is not the	base
Other information regarding this benefit benchmark plan:		base
Other information regarding this benefit benchmark plan:	Source:	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient	Source: Base Benchmark State Employees	base
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization:	Source: Base Benchmark State Employees Provider Qualifications:	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit:	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit: None Scope Limit:	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit: None Scope Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit: None Scope Limit: None Other information regarding this benefit	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None	Remove
Other information regarding this benefit benchmark plan: Benefit Provided: Chemotherapy - Inpatient Authorization: None Amount Limit: None Scope Limit: None Other information regarding this benefit	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None	Remove



Authorization:	Provider Qualifications:	
None	Medicaid State Plan	Remove
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including benchmark plan:	the specific name of the source plan if it is not the base	
Benefit Provided:	Source:	
Breast Reconstruction	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, including benchmark plan: Reconstructive Surgery	the specific name of the source plan if it is not the base	
Benefit Provided:	Source:	
Hospice Care - Inpatient	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Terminally ill patient and have a life expectancy of	of six months or less.	
Other information regarding this benefit, including benchmark plan:	the specific name of the source plan if it is not the base	
	provide comfort and support for persons in the last cordance with Section 2302 of the Affordable Care Act, ses of this population), must receive hospice care	



enefit Provided:	Source:	
ospice Respite - Inpatient	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	Limited to 15 days per lifetime for inpatient	
Scope Limit:		
None		
Other information regarding this benefi benchmark plan:	t, including the specific name of the source plan if it is not the base	
Duration continued: hospice respite can care must be used in increments of not	re (can take place in a nursing home or hospital). Hospice respite more than 5 days at a time.	
enefit Provided:	Source:	_
		Remove
ialysis-inpatient	Base Benchmark State Employees	Kennove
ialysis-inpatient Authorization:	Provider Qualifications:	Kemove
Authorization:	Provider Qualifications:	
Authorization: None	Provider Qualifications: Medicaid State Plan	
Authorization: None Amount Limit:	Provider Qualifications: Medicaid State Plan Duration Limit:	
Authorization: None Amount Limit: None Scope Limit:	Provider Qualifications: Medicaid State Plan Duration Limit:	
Authorization: None Amount Limit: None Scope Limit: Covered as an inpatient in a hospital or	Provider Qualifications: Medicaid State Plan Duration Limit: None	



Essential Health Benefit 4: Maternity and newborn care		Collapse All
Benefit Provided:	Source:	
Maternity/Preg-Pre&Post Care-deliv, inpat nutrition	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
	other is a surrogate mother. Would not cover a person quirements for coverage under the new adult group she	
Other information regarding this benefit, including benchmark plan:	the specific name of the source plan if it is not the base	
If length of stay is less than 48 or 96 hours, a follow	v-up postpartum home visit by an RN is covered.	
If length of stay is less than 48 or 96 hours, a follow Benefit Provided:	y-up postpartum home visit by an RN is covered. Source:	
		Remove
Benefit Provided:	Source:	Remove
Benefit Provided: Midwife Services	Source: Base Benchmark State Employees	Remove
Benefit Provided: Midwife Services Authorization:	Source: Base Benchmark State Employees Provider Qualifications:	Remove
Benefit Provided: Midwife Services Authorization: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	Remove
Benefit Provided: Midwife Services Authorization: None Amount Limit:	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
Benefit Provided: Midwife Services Authorization: None Amount Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
Benefit Provided: Midwife Services Authorization: None Amount Limit: None Scope Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
Benefit Provided: Midwife Services Authorization: None Amount Limit: None Scope Limit: None Other information regarding this benefit, including	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None	Remove Image: Second



Benefit Provided:	Source:	
Mental Health/Behavioral Health Inpatient Treatmen	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		_
Residential Facility services are not covered.		
Other information regarding this benefit, including the benchmark plan: Mental Health Services	he specific name of the source plan if it is not the base	
	his alternative benefit plan will not be provided in an	
Benefit Provided:	Source:	ı
Mental Health/Behavioral Health Outpatient Treatme	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	1
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	1
None	None	
Scope Limit:		1
None		
benchmark plan:	he specific name of the source plan if it is not the base	1
Mental Health Services Iowa assures that mental health services covered in t institution for mental diseases.	his alternative benefit plan will not be provided in an	
Benefit Provided:	Source:	
Substance Abuse Inpatient Treatment	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	-
None	Medicaid State Plan	
	Duration Limit.	
Amount Limit:	Duration Limit:	



Residential Facility services are not covered.		Remove
Other information regarding this benefit, ind benchmark plan:	cluding the specific name of the source plan if it is not the base	
Chemical Dependency Treatment		
Iowa assures that substance abuse services of institution for mental diseases.	overed in this alternative benefit plan will not be provided in an	
nefit Provided:	Source:	
bstance Abuse Outpatient Treatment	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, inc benchmark plan:	cluding the specific name of the source plan if it is not the base	
Chemical Dependency Treatment		
Iowa assures that substance abuse services of institution for mental diseases.	overed in this alternative benefit plan will not be provided in an	
		Add



ssential Health Benefit 6: Prescription drugs		
enefit Provided:		
Coverage is at least the greater of one drug in each same number of prescription drugs in each categories.		
Prescription Drug Limits (Check all that apply.):	Authorization:	Provider Qualifications:
Limit on days supply	Yes	State licensed
Limit on number of prescriptions		
Limit on brand drugs		
Other coverage limits		
Preferred drug list		
Coverage that exceeds the minimum requirement	s or other:	
Iowa's ABP prescription drug benefit plan is the state plan for prescribed drugs.	same (duplication of plan)	as the approved Medicaid
NOTE: Some medications do require prior autho	· · · ·	erify that a prescription drug
is part of a specific treatment plan and is medical	ly necessary.	



Benefit Provided:	Source:	
Physical Therapy,Occupational Therapy,Speech Thera	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	Each therapy limited to 60 visits per year.	
Scope Limit:		
Rehabilitative speech therapy services are covered		
Other information regarding this benefit, including the benchmark plan:	he specific name of the source plan if it is not the base	
of phonation, articulation or swallowing. Services m pathologist. Speech therapy requires prior approval. Not Covered: Physical therapy and occupational the separate medical condition that requires hospitalization	rapy provided as an inpatient in the absence of a	
certified speech therapist, and speech therapy to treat disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services.	certain developmental, learning or communication	
disorders such as stuttering or stammering.	certain developmental, learning or communication Source:	
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services.	· · ·	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided:	Source:	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment	Source: Base Benchmark State Employees	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization:	Source: Base Benchmark State Employees Provider Qualifications:	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization Amount Limit:	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization Amount Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization Amount Limit: None Scope Limit: None	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization Amount Limit: None Scope Limit: None Other information regarding this benefit, including th	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None e specific name of the source plan if it is not the base tions for this service but Iowa will be following	Remove
disorders such as stuttering or stammering. PT, OT and ST are considered rehab/hab services. Benefit Provided: Durable Medical Equipment Authorization: Prior Authorization Amount Limit: None Scope Limit: None Other information regarding this benefit, including th benchmark plan: Home/Durable Medical Equipment NOTE: Iowa's ABP does not mention prior authorization	Source: Base Benchmark State Employees Provider Qualifications: Medicaid State Plan Duration Limit: None e specific name of the source plan if it is not the base tions for this service but Iowa will be following	Remove



Authorization:	Provider Qualifications:	
None	Medicaid State Plan	Remove
Amount Limit:	Duration Limit:	_
None	None	
Scope Limit:		_
	ds or examinations or fittings are not covered. Elastic stockings or races, garter belts and similar items that can be purchased without a	
Other information regarding this bene benchmark plan:	fit, including the specific name of the source plan if it is not the base]
nefit Provided:	Source:	
diac Rehabilitation	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	_
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		_
None		
Other information regarding this bene benchmark plan:	fit, including the specific name of the source plan if it is not the base]
nefit Provided:	Source:	
monary rehabilitation	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		-
None]
Other information regarding this bene benchmark plan:	fit, including the specific name of the source plan if it is not the base	-



Source:	
Base Benchmark Small Group	Remove
Provider Qualifications:	
Medicaid State Plan	
Duration Limit:	
120 days per benefit year for services in	
iding the specific name of the source plan if it is not the base	
g facility.	
	Add
	Base Benchmark Small Group Provider Qualifications: Medicaid State Plan Duration Limit: 120 days per benefit year for services in ding the specific name of the source plan if it is not the base



Benefit Provided:	Source:	
Laboratory Services	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit benchmark plan:	, including the specific name of the source plan if it is not the ba	ise
Senefit Provided:	Source:	
K-ray Services	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit benchmark plan:	, including the specific name of the source plan if it is not the ba	lise
Benefit Provided:	Source:	
maging - MRI, CT and PET	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Some procedures require prior approval		



X-ray Services		
enefit Provided:	Source:	
eep Studies	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Treatment for snoring not covered wi	hout diagnosis of sleep apnea.	
Other information regarding this benef benchmark plan:	it, including the specific name of the source plan if it is not the b	ase
Sleep Apnea Treatment		
enefit Provided:	Source:	
iagnostic Genetic Tests	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
	counseling are covered if appropriate candidate for a test under amily background, past diagnosis etc.) and outcome of test is	
Other information regarding this benef benchmark plan:	it, including the specific name of the source plan if it is not the b	ase
Scope Limit Continued: expected to d merely informational.	etermine a covered course of treatment or prevention and is not	
enefit Provided:	Source:	
athology	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	



None	Remove
Other information regarding this benefit, including the specific name of the source plan if it is not the base benchmark plan:	
X-ray and Laboratory Services	
	Add



Essential Health Benefit 9: Preventive and wellness services and chronic disease management

Collapse All

The state/territory must provide, at a minimum, a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

Benefit Provided:	Source:	
Hearing Exam - Adult	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	One hearing exam per benefit year.	
Scope Limit:		
Hearing aids are not covered.		
Other information regarding this benefit, includ benchmark plan: Hearing Services	ding the specific name of the source plan if it is not the base	
Benefit Provided:	Source:	
Diabetes-med necessary equip & supplies	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
None		
Other information regarding this benefit, includ benchmark plan:	ding the specific name of the source plan if it is not the base	
Insulin and Diabetic Supplies NOTE: Iowa's Benchmark does not mention p	prior authorizations for this service but Iowa will be nes where only some services will require prior	
Benefit Provided:	Source:	
Prostate cancer screening	Base Benchmark State Employees	
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	



Amount Limit:	Duration Limit:	_
None	one exam per year	Remove
Scope Limit:		_
Men age 50-64		
Other information regarding this benef benchmark plan:	fit, including the specific name of the source plan if it is not the base	
X-ray and Laboratory Services		
Benefit Provided:	Source:	
Foot care	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	_
None	None	
Scope Limit:		_
Must be related to medical condition. Routine foot care is not covered.		
Other information regarding this benef benchmark plan:	fit, including the specific name of the source plan if it is not the base	



Essential Health Benefit 10: Pediatric services in	cluding oral and vision care	Collapse All 🗌
Benefit Provided:	Source:	
Medicaid State Plan EPSDT Benefits	Base Benchmark State Employees	Remove
Authorization:	Provider Qualifications:	
None	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Age 19 and 20 will receive EPSDT services		
Other information regarding this benefit, inc benchmark plan:	luding the specific name of the source plan if it is not the base	7
		Add



Other Covered Benefits from Base Benchmark

Collapse All



Base Benchmark Benefits Not Covered due to Substitution or Duplication		Collapse All
Base Benchmark Benefit that was Substi		
Precription Drugs	Base Benchmark	Remove
1 1	on, including indicating the substituted benefit(s) or the duplicate ncluded above under Essential Health Benefits:	e
Iowa's ABP prescription drug benefi plan for prescribed drugs.	it plan is the same (duplication of plan) as the approved Medica	id state
		Add



○ Other Base Benchmark Benefits Not Covered	Collapse All
Base Benchmark Benefit not Included in the Alternative Benefit Plan:Source: Base BenchmarkAdult VisionBase Benchmark	Remove
Explain why the state/territory chose not to include this benefit:	
Adult vision is covered in the base benchmark plan but it is an excepted benefit and therefore not an Essential Health Benefit.	
Base Benchmark Benefit not Included in the Alternative Benefit Plan:Source: Base Benchmark	Remove
Newborn Child Coverage	
Explain why the state/territory chose not to include this benefit:	
This service is covered under the base benchmark plan but is not applicable for the new adult group population that is for ages 19-64. The adult member must enroll the newborn child for coverage.	
	Add



Other 1937 Covered Benefits that are not Ess		
Other 1937 Benefit Provided:	Source: Section 1937 Coverage Option Benchmark Benefit	
Dental Coverage	Package	Remove
Authorization:	Provider Qualifications:	
Prior Authorization	Medicaid State Plan	
Amount Limit:	Duration Limit:	
None	None	
Scope Limit:		
Medically necessary emergent and stabi pain, or trauma and related diagnostic se	lization dental services including services treating infection, acute ervices.	
Other:		
Other 1937 Benefit Provided: Adult Vision	Source: Section 1937 Coverage Option Benchmark Benefit Package	Remove
		Remove
Adult Vision	Section 1937 Coverage Option Benchmark Benefit Package	Remove
Adult Vision Authorization:	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications:	Remove
Adult Vision Authorization: Other	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications: Medicaid State Plan	Remove
Adult Vision Authorization: Other Amount Limit: None Scope Limit:	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications: Medicaid State Plan Duration Limit: One routine vision exam per benefit year	Remove
Adult Vision Authorization: Other Amount Limit: None Scope Limit: Not covered - Surgery to correct a refrace	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications: Medicaid State Plan Duration Limit:	Remove
Adult Vision Authorization: Other Amount Limit: None Scope Limit: Not covered - Surgery to correct a refrace	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications: Medicaid State Plan Duration Limit: One routine vision exam per benefit year	Remove
Adult Vision Authorization: Other Amount Limit: None Scope Limit: Not covered - Surgery to correct a refract their fitting, prescribing of corrective lends	Section 1937 Coverage Option Benchmark Benefit Package Provider Qualifications: Medicaid State Plan Duration Limit: One routine vision exam per benefit year ctive error,eyeglasses or contact lenses including charges related to nses, eye examinations for the fitting of eye wear.	Remove



Additional Covered Benefits (This category of benefits is not applicable to the adult group under section 1902(a)(10)(A)(i)(VIII) of the Act.)

Collapse All

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Benefits Assurances ABP7
EPSDT Assurances
If the target population includes persons under 21, please complete the following assurances regarding EPSDT. Otherwise, skip to the Prescription Drug Coverage Assurances below.
The alternative benefit plan includes beneficiaries under 21 years of age. Yes
The state/territory assures that the notice to an individual includes a description of the method for ensuring access to EPSDT services (42 CFR 440.345).
The state/territory assures EPSDT services will be provided to individuals under 21 years of age who are covered under the state/ territory plan under section 1902(a)(10)(A) of the Act.
Indicate whether EPSDT services will be provided only through an Alternative Benefit Plan or whether the state/territory will provide additional benefits to ensure EPSDT services:
O Through an Alternative Benefit Plan.
• Through an Alternative Benefit Plan with additional benefits to ensure EPSDT services as defined in 1905(r).
Per 42 CFR 440.345, please describe how the additional benefits will be provided, how access to additional benefits will be coordinated and how beneficiaries and providers will be informed of these processes in order to ensure individuals have access to the full EPSDT benefit.
Indicate whether additional EPSDT benefits will be provided through fee-for-service or contracts with a provider:
• State/territory provides additional EPSDT benefits through fee-for-service.
○ State/territory contracts with a provider for additional EPSDT services.
Other Information regarding how ESPDT benefits will be provided to participants under 21 years of age (optional):
Prescription Drug Coverage Assurances
The state/territory assures that it meets the minimum requirements for prescription drug coverage in section 1937 of the Act and implementing regulations at 42 CFR 440.347. Coverage is at least the greater of one drug in each United States Pharmacopeia (USP) category and class or the same number of prescription drugs in each category and class as the base benchmark.
The state/territory assures that procedures are in place to allow a beneficiary to request and gain access to clinically appropriate prescription drugs when not covered.
The state/territory assures that when it pays for outpatient prescription drugs covered under an Alternative Benefit Plan, it meets the requirements of section 1927 of the Act and implementing regulations at 42 CFR 440.345, except for those requirements that are directly contrary to amount, duration and scope of coverage permitted under section 1937 of the Act.
The state/territory assures that when conducting prior authorization of prescription drugs under an Alternative Benefit Plan, it complies with prior authorization program requirements in section 1927(d)(5) of the Act.
Other Benefit Assurances



- The state/territory assures that substituted benefits are actuarially equivalent to the benefits they replaced from the base benchmark plan, and that the state/territory has actuarial certification for substituted benefits available for CMS inspection if requested by CMS.
- ✓ The state/territory assures that individuals will have access to services in Rural Health Clinics (RHC) and Federally Qualified Health Centers (FQHC) as defined in subparagraphs (B) and (C) of section 1905(a)(2) of the Social Security Act.
- ✓ The state/territory assures that payment for RHC and FQHC services is made in accordance with the requirements of section 1902(bb) of the Social Security Act.
- The state/territory assures that it will comply with the requirement of section 1937(b)(5) of the Act by providing, effective January 1, 2014, to all Alternative Benefit Plan participants at least Essential Health Benefits as described in section 1302(b) of the Patient Protection and Affordable Care Act.
- ✓ The state/territory assures that it will comply with the mental health and substance use disorder parity requirements of section 1937(b)(6) of the Act by ensuring that the financial requirements and treatment limitations applicable to mental health or substance use disorder benefits comply with the requirements of section 2705(a) of the Public Health Service Act in the same manner as such requirements apply to a group health plan.
- ✓ The state/territory assures that it will comply with section 1937(b)(7) of the Act by ensuring that benefits provided to Alternative Benefit Plan participants include, for any individual described in section 1905(a)(4)(C), medical assistance for family planning services and supplies in accordance with such section.
- The state/territory assures transportation (emergency and non-emergency) for individuals enrolled in an Alternative Benefit Plan in accordance with 42 CFR 431.53.

✓ The state/territory assures, in accordance with 45 CFR 156.115(a)(4) and 45 CFR 147.130, that it will provide as Essential Health Benefits a broad range of preventive services including: "A" and "B" services recommended by the United States Preventive Services Task Force; Advisory Committee for Immunization Practices (ACIP) recommended vaccines; preventive care and screening for infants, children and adults recommended by HRSA's Bright Futures program/project; and additional preventive services for women recommended by the Institute of Medicine (IOM).

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ABP8

Service Delivery Systems

Provide detail on the type of delivery system(s) the state/territory will use for the Alternative Benefit Plan's benchmark benefit package or benchmark-equivalent benefit package, including any variation by the participants' geographic area.

Type of service delivery system(s) the state/territory will use for this Alternative Benefit Plan(s).

Select one or more service delivery systems:

Managed care.

Managed Care Organizations (MCO).

Prepaid Inpatient Health Plans (PIHP).

Prepaid Ambulatory Health Plans (PAHP).

Primary Care Case Management (PCCM).

Fee-for-service.

Other service delivery system.

Managed Care Options

Managed Care Assurance

The state/territory certifies that it will comply with all applicable Medicaid laws and regulations, including but not limited to sections 1903(m), 1905(t), and 1932 of the Act and 42 CFR Part 438, in providing managed care services through this Alternative Benefit Plan. This includes the requirement for CMS approval of contracts and rates pursuant to 42 CFR 438.6.

Managed Care Implementation

Please describe the implementation plan for the Alternative Benefit Plan under managed care including member, stakeholder, and provider outreach efforts.

Iowa Wellness Plan members will be required to participate in medical managed care through enrollment in a PCCM program as described in the state's 1932(a) state plan amendment. Iowa Wellness Plan members who are enrolled into managed care under this authority be given the choice of enrolling with a patient manager under the PCCM program or an MCO if they reside in a county where an MCO is an additional choice. For residents in those counties where an adequate panel of PCCM providers is not available they may receive services from any provider who is participating in the Iowa Medicaid program. For these residents, services will be claimed as Fee for Services (FFS). Enrollment will only be mandatory for those persons residing in a county where there is PCCM adequacy. An MCO may be an option in some counties when the Department of Human Services has determined that the MCO has presented a panel sufficient to meet the needs of the potential enrolled population. The enrollment algorithm will assure an even distribution between the PCCM program and the MCO, where applicable. Members will have the choice of changing the default selection in the same manner as described in the state's 1932(a) state plan amendment. The payment methodology for the PCCM program is detailed in Attachment 3.1F.

In developing its waiver for the expansion population the state of Iowa has followed the Iowa enabling legislation. In addition, multiple public meetings of all stakeholders have been held to explain the process, the program and gather input. Tribal notification has been issued in this process as well.

MCO: Managed Care Organization

The managed care delivery system is the same as an already approved managed care program.

Yes



The managed care program is operating under (select one):
○ Section 1915(a) voluntary managed care program.
○ Section 1915(b) managed care waiver.
• Section 1932(a) mandatory managed care state plan amendment.
○ Section 1115 demonstration.
O Section 1937 Alternative (Benchmark) Benefit Plan state plan amendment.
Identify the date the managed care program was approved by CMS: 12.17.13
Describe program below:
The MCO will be allowed to participate in a county where the Department of Human services has determined that a sufficient provider panel exists to provide covered services to the potential enrolled population. This is consistent with the state's 1932(a) state plan.
Where medical managed care is required because of the availability of the PCCM program AND where an MCO is an option, the department will use a default algorithm to tentatively enroll members with as close to a 50% split between the PCCM program and the available MCO. If there are multiple MCOs, the split will be adjusted as possible to provide an even distribution of default enrollments. Members will have a period of time to change their enrollment before being required to stay in a program for 6 months, consistent with the state's 1932(a) state plan. Certain services will not fall within the management of the program. These will mirror those excluded under the state's 1932(a) state plan amendment.
Additional Information: MCO (Optional)
Provide any additional details regarding this service delivery system (optional):
PIHP: Prepaid Inpatient Health Plan
The managed care delivery system is the same as an already approved managed care program. Yes
The managed care program is operating under (select one):
○ Section 1915(a) voluntary managed care program.
• Section 1915(b) managed care waiver.
○ Section 1115 demonstration.
○ Section 1937 Alternative (Benchmark) Benefit Plan state plan amendment.
Identify the date the managed care program was approved by CMS: 12.16.13
Describe program below:
Mental Health and Substance Abuse (MH/SA) treatment services will be provided through a contract with a PIHP which is competitively bid through a process approved by CMS. The PIHP has developed a provider panel sufficient to meet the needs of the population to be enrolled. All MH/SA services allowed under the enabling legislation and subsequent 1115 waiver that allows eligibility will be provided through the PIHP. the waiver allows for freedom of choice within the panel of providers. Services that are not covered within the benefit package are not included in capitation payments to the PIHP. This will mirror, with the exception of the benefit package, the same process for services delivery as is currently performed for Medicaid members under the Iowa Plan, the title of the current waiver program.
Additional Information: PIHP (Optional)



Provide any additional details regarding this service delivery system (optional):
PCCM: Primary Care Case Management
The PCCM delivery system is the same as an already approved PCCM program. Yes
The PCCM program is operating under (select one):
○ Section 1915(b) managed care waiver.
• Section 1932(a) mandatory managed care state plan amendment.
○ Section 1115 demonstration.
O Section 1937 Alternative (Benchmark) Benefit Plan state plan amendment.
Identify the date the managed care program was approved by CMS: 12.17.13
Describe program below:
as described in the state's 1932(a) state plan amendment. For residents in those counties where an adequate panel of PCCM providers is not available they may receive services from any provider who is participating in the Iowa Medicaid program. Enrollment will only be mandatory for those persons residing in a county where there is PCCM adequacy. An MCO may be an option in some counties when the Department of Human Services has determined that the MCO has presented a panel sufficient to meet the needs of the potential enrolled population. The enrollment algorithm will assure an even distribution between the PCCM program and the MCO, where applicable. Members will have the choice of changing the default selection in the same manner as described in the state's 1932(a) state plan amendment.
Additional Information: PCCM (Optional)
Provide any additional details regarding this service delivery system (optional):
Fee-For-Service Options
Indicate whether the state/territory offers traditional fee-for-service and/or services managed under an administrative services organization:
Traditional state-managed fee-for-service
○ Services managed under an administrative services organization (ASO) arrangement
Please describe this fee-for-service delivery system, including any bundled payment arrangements, pay for performance, fee-for- service care management models/non-risk, contractual incentives as well as the population served via this delivery system.
Without mandatory managed care enrollment, traditional fee-for-service (FFS) methodology will apply. Services are provided on a FFS basis prior to enrollment to an MCO and non-primary care services in the PCCM model are delivered on a FFS basis.
Additional Information: Fee-For-Service (Optional)
Provide any additional details regarding this service delivery system (optional):



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Employer Sponsored Insurance and Payment of Premiums	ABP9
The state/territory provides the Alternative Benefit Plan through the payment of employer sponsored insurance for participants with such coverage, with additional benefits and services provided through a Benchmark or Benchmark-Equivalent Benefit Package.	Yes
Provide a description of employer sponsored insurance, including the population covered, the amount of premium assistan population, employer sponsored insurance activities including required contribution, cost-effectiveness test requirements, a benefit information:	•
The state assures that employer sponsored insurance (ESI) coverage is established in sections 3.2 and 4.22(h) of the state's Medicaid state plan. The beneficiary will receive a benefit package that includes a wrap of benefits around the employer s insurance plan that equals the benefit package in the alternative benefits plan to which the beneficiary is entitled. The bene will not be responsible for payment of premiums or other cost sharing that exceeds nominal levels as established at 42 CFI subpart A.	ponsored ficiary
The state/territory otherwise provides for payment of premiums.	No
Other Information Regarding Employer Sponsored Insurance or Payment of Premiums:	

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General Assurances AB	P10
Economy and Efficiency of Plans	
The state/territory assures that Alternative Benefit Plan coverage is provided in accordance with Federal upper payment limit requirements and other economy and efficiency principles that would otherwise be applicable to the services or delivery system through which the coverage and benefits are obtained.	
Economy and efficiency will be achieved using the same approach as used for Medicaid state plan services.	s
Compliance with the Law	
The state/territory will continue to comply with all other provisions of the Social Security Act in the administration of the state/territory plan under this title.	
The state/territory assures that Alternative Benefit Plan benefits designs shall conform to the non-discrimination requirements at 4 CFR 430.2 and 42 CFR 440.347(e).	12
The state/territory assures that all providers of Alternative Benefit Plan benefits shall meet the provider qualification requirements the Base Benchmark Plan and/or the Medicaid state plan.	of

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Payment Methodology

ABP11

Alternative Benefit Plans - Payment Methodologies

✓ The state/territory provides assurance that, for each benefit provided under an Alternative Benefit Plan that is not provided through managed care, it will use the payment methodology in its approved state plan or hereby submits state plan amendment Attachment 4.19a, 4.19b or 4.19d, as appropriate, describing the payment methodology for the benefit.

An attachment is submitted.

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